

# PARKS & RECREATION

## 2020 WINTER/SPRING PROGRAM GUIDE



2020  
USPR  
*Summer*  
CAMP

USPR  
SOUTHAMPTON  
• T O W N S H I P •  
PARKS & RECREATION

- ACA-Accredited® Camp for Ages 5-15 •
- Register by June 1, 2020 •
- See Page 9 for More Details! •



**REGISTER NOW!**



## Register Now

### Registration Forms

Registration forms can be found and completed online at our website [ustwprec.com](http://ustwprec.com).

### Register Online

[www.ustwprec.com](http://www.ustwprec.com)

Create a household account, then add members to register the whole family for different programs we have available. Online payments can be made through credit cards\*

\*Credit card information is not stored for further payments. We accept Visa, Mastercard, Discover & American Express.

### Register In Person

Registration forms may also be printed and brought into the office to be processed. The forms and payments can be dropped off at the Parks and Recreation Department office, located at the Community Center, 913 Willow Street, Southampton, PA.

## Donations Needed

Donations of new or gently used games or other recreational activities are very much appreciated.

## Employment Opportunities

### PROGRAM COORDINATOR

Upper Southampton Township is accepting applications for the position of a part-time Recreation Coordinator in the Parks and Recreation Department. Approximately 27 hours per week. This position reports to the Parks and Recreation Director and is responsible for assisting with the development and delivery of Township's recreation programs. *Submit an application, (available online at [www.ustwp.org](http://www.ustwp.org)), or a resume and cover letter by January 20, 2020 to Upper Southampton Township, 939 Street Road, Southampton, PA 18966 or email to [administration@ustwp.org](mailto:administration@ustwp.org).*

### SUMMER CAMP STAFF

Are you looking for a fun summer job? We are looking for seasonal staff for Upper Southampton Summer Camp!

This position will require a high energy, flexible employee that is willing to work Monday through Friday for the duration of the summer. All employees of the camp will be interacting with children ranging in ages from 5-15, must provide FBI and Child Abuse clearances as well as fingerprinting. There are several physical demands of the position including, but not limited to, enduring hot temperatures, walking, and involvement in contact sports. Schedules and compensation vary based on position. You must be 15 years of age before June 22, 2020 in order to apply. **Dates of Employment:** June 22 - August 21. *If interested contact Alexandria McNickle, [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org), or you can pick up an application at the Community Center, 913 Willow Street, Southampton, PA.*

### INSTRUCTORS WANTED!

Do you have a hobby or skill you love and want to share with the Community? Upper Southampton Township is looking for instructors for new programs. We welcome you to apply and teach! *Please submit a short description of the class or activity you would like to offer, photos of your work, if possible, and your contact information to [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org) or mail to Upper Southampton Township Parks and Recreation, 913 Willow Street, Southampton, PA 18966.*

## Contact Us

### Address:

913 Willow Street  
Southampton, PA 18966

**Phone:** (215)-355-9781

**Fax:** (215)-355-4093

**Website:** [www.USTWPREC.com](http://www.USTWPREC.com)

### Office Hours:

Monday-Friday 8:00 AM - 4:30 PM

### Follow us on Social Media:



Facebook.com/ustpr



Instagram: @ustpr

## Our Staff

Parks and Recreation Director:  
Alexandria McNickle

**Email:** [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org)

**Phone:** (215)-355-9781

Parks and Recreation Facilities  
Coordinator: Ray Horn

**Email:** [rhorn@ustwp.org](mailto:rhorn@ustwp.org)

**Phone:** (215)-355-9781

### Park and Recreation Advisory Board

Patricia Myers, *Chairman*

Walter Shead, *Vice Chairman*

Rick Grillone, *Member*

Dominic Cintofanti, *Member*

Andy Pickford, *Member*

## Township Facilities

### Township Municipal Building

939 Street Road  
Southampton, PA 18966

### Southampton Free Library

947 Street Road  
Southampton, PA 18966

### Schaefer Field

Gravel Hill Road near Industrial Blvd  
Southampton, PA 18966

**Facilities:** baseball fields, softball fields, soccer fields, snack bar

### Veterans Field

400 Street Road  
Southampton, PA 18966

**Facilities:** soccer fields, playground, snack bar

### Community Center & Recreation Office

913 Willow Street  
Southampton, PA 18966

**Facilities:** baseball fields, basketball courts, walking path, playground, tennis court, gymnasium, football field, office, meeting room, snack bar

### Tamanend Park

1255 Second Street Pike  
Southampton, PA 18966

**Facilities:** softball fields, Lion's Grove stage, snack bar, tennis courts, sand volleyball court, playground, horseshoe pit, disc golf course, gaga court, bocce ball court, pavilions, fireplace, Carriage House, Farmhouse, office



## Friends of Tamanend Park

**Our Mission:** The mission of the Friends of Tamanend is to maintain, conserve, and protect the unique natural and historic features of Tamanend Park.

**Meetings:** You are cordially invited to our monthly meetings. Meetings are held in the Farmhouse on the third Tuesday of every month at 7 PM.

**Visit our website to get involved:**  
[FriendsofTamanend.org](http://FriendsofTamanend.org)



## Park Gifts Program

Support our parks through giving. Our Parks Gift Program offers a great way to honor the special people and milestones in your life. Your contribution will enhance the beauty of the park and allow you to memorialize loved ones or special events. The park gift program includes benches, trees and shrubs and plaques. **For more information please call the park office or complete the form below.**

## Tamanend Park Herb Garden Club

The Tamanend Park Herb Garden Club was started in the summer of 1983 by four residents of Upper Southampton Township who were interested in the various aspects of herb gardening and herb use. The Herb Club now has over 60 members!

**Meetings:** The Herb Garden Club meets on the third Wednesday of each month from January through November. Meetings start at 7:00 PM with a brief review of monthly business, followed by a guest speaker, or a group activity. Dues are \$10 a year.

**For more information visit us on Facebook @ Tamanend Park Herb Gardening Club or email [tamanendparkherbclub@comcast.net](mailto:tamanendparkherbclub@comcast.net)**



## Parks Partners Program

### Individuals and Businesses - Volunteer Today!

Parks Partners is a Parks and Recreation initiative that enables groups, individuals and businesses to assist with improvement projects and maintenance of Upper Southampton parks. Parks Partners will work with the Park's staff to keep the parks clean, attractive and safe. Donations can also be made by check, payable to Upper Southampton Township.

**To get involved email Alex McNickle at [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org).**

### PARK GIFTS ORDER FORM

\_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

\_\_\_\_\_

Business (if applicable) \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_

The Park & Recreation Board will determine placement of items in park.

#### Park Patron Contribution

_____ Individual/Family Patron	<u>\$100.00</u>
_____ Business Patron	<u>\$300.00</u>

#### Tress & Shrubs Donation

_____ Native Tree	<u>\$700.00</u>
_____ Flowering Tree	<u>\$500.00</u>

#### Bench Donation

_____ Park Bench with bronze plaque	<u>\$500.00</u>
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Inscription:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If donating multiple quantities, please attach specific instructions for the plaque inscription of each item.

Amount Enclosed \_\_\_\_\_ Check # \_\_\_\_\_

**Return this form with check(s) made payable to:**  
 Upper Southampton Township

**Mail To:**  
 Upper Southampton Parks & Recreation  
 913 Willow Street, Southampton, PA 18966

COME & SEE WHAT  
*Your Community*  
 HAS TO OFFER!



## Indoor Rentals



**Farmhouse** (45 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-6 foot tables;  
One-8 foot table; 55 chairs  
Res. \$40/hr | Non. \$50/hr



**Carriage House** (60 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-6 foot tables; 60 chairs  
Res. \$50/hr | Non. \$60/hr



**Meeting Room** (150 Person Maximum)  
913 Willow Street, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-8 foot tables; 130 chairs  
Res. \$50/hr | Non. \$75/hr



**Gymnasium** (300 Person Maximum)  
913 Willow Street, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Res. \$100/hr | Non. \$150/hr



Renting a Facility is as easy as 1...2...3...

## Outdoor Rentals



**Picnic Pavilions** (100 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 8 AM to 10 PM  
Includes: Ten-picnic tables  
Res. \$75/day | Non. \$125/day



**Lion's Grove Amphitheater**  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: electric and bathrooms  
Res. \$25/hr | Non. \$50/hr

## Athletic Field Rentals



Day: \$50/Game or \$25/hr/field  
Night: \$75/Game or \$50/hr/field  
Includes: lights and bathrooms

**Veterans Field - Athletic Field**  
400 Street Road, Southampton, PA

**Tamanend Park Athletic Field**  
1255 Second Street Pike, Southampton, PA

**Schaefer Field - Athletics Fields**  
Gravel Hill Road, Southampton, PA

## To Book a Facility:

### 1. Choose your location

Whether you view images online, or decide to visit the office to view the spaces yourself, determine the best location for your next event. You can check the availability of your desired facility online or by calling the park office (215-355-9781). Rentals are scheduled on a first come first serve basis.

### 2. Complete Rental Forms

The forms necessary to rent one of our facilities can be found online at [www.ustwprec.com](http://www.ustwprec.com). A Facility Use/Rules And Regulations Application must be completed and submitted with payment to the Parks' Office.

### 3. Rental Fees

Rental fees must be paid in full at the time of booking. There is a minimum rental of four hours at each location. A security deposit must also be made at the time of booking. This separate check will only be cashed if damage has taken place or facility has been left in bad condition. A full refund of rental fee and security deposit will be issued if cancellation is made more than 30 days before scheduled rental.

### Security Deposits:

Gym: \$150

Pavilions: \$250

All other facilities: \$100

**For more information call the Parks' Office or visit us online at [ustwprec.com](http://ustwprec.com).**



# Upcoming Events

## Puzzle Swap & Sale

Love jigsaw puzzles? Here's a chance to swap out or purchase puzzles for different ones. Drop off puzzles starting Saturday, February 1st and receive VIP tickets to gain early access from 10:00 AM - 10:30 AM on the day of the swap. (Receive one ticket for each puzzle dropped off; tickets can be redeemed for one puzzle each; if unable to attend early access period, tickets can be redeemed at any time during the day). During the regular hours of the swap, 10:30 AM - 5:00 PM, puzzles can still be brought in to swap out or they may be purchased. Please only bring in puzzles with no missing pieces!

\*\* Note: We cannot guarantee that puzzles swapped out or purchased have all pieces. We can only hope!

**AGES: All**

**DATE: Saturday, February 22nd**

**TIME: 10:00 AM - 5:00 PM**

**LOCATION: Southampton Free Library**

## Activity in the Morning: Springtime Herb Planting

Please join us in planting herb seeds to have seedlings ready to transplant into your family garden. All materials will be provided. We hope to see you for this fun activity!

**AGES: All**

**DATE: Saturday, March 28th**

**TIME: 10:30 AM**

**LOCATION: Southampton Free Library**

## Plant Swap & Sale

Come and donate your extra seeds, seedlings and plants, both for the house and garden. You may swap them for plants that others have donated or you may just purchase them. Drop off plants starting Friday, May 15th and receive VIP tickets to gain early access from 10:00 AM - 10:30 AM on the day of the swap. (Receive one ticket for each plant dropped off; tickets can be redeemed for one plant each; if unable to attend early access period, tickets can be redeemed at any time during the day). During the regular hours of the swap, 10:30 AM - 5:00 PM, plants can still be brought in to swap out or they may be purchased.

**AGES: All**

**DATE: Saturday, May 16th**

**TIME: 10:00 AM - 5:00 PM**

**LOCATION: Southampton Free Library**

## What's Cooking at the Library

Come learn how to make different treats and get to taste free samples! Please register online or at the library.

**AGES: Adults and Teens**

**DATES:**

**Saturday, January 25th -**

**Chinese New Year Foods**

**Saturday, February 1st - Souper Bowl**

**Saturday, March 21st - Vegan Pizza**

**Saturday, April 4th -**

**Ricotta Sponge Cake**

**Saturday, May 9th - French Toast**

**TIME: 2:00 PM**

**LOCATION: Southampton Free Library**

## Spring Book Sale

Hardcover, softcover, children's books, cookbooks, magazines, music, audiobooks and more! We will be accepting in good condition beginning on March 27th. Please no textbooks, encyclopedias, National Geographic magazines, or video and cassette tapes.

**AGES: All**

**Book Sale Date: April 24th & 25th**

**TIME: 10:00 AM - 5:00 PM**

## Trivia at the Library and at Moss Mill Brewing

Double the challenge! Now you will have two chances to try our trivia game! Try your luck and match wits with your friends and neighbors on the third Wednesday of the month at 2:00 PM in the Community Room or the fourth Wednesday of the month at 7:00 PM at Moss Mill Brewing Co., 109 Pike Circle, Unit D, Huntingdon Valley, PA.

**AGES: Adult and Teens**

**DATE: 3rd Wednesday at 2:00 PM or**

**4th Wednesday at 7:00 PM**

**LOCATION: 3rd Wednesday -**

**Southampton Free Library, 4th**

**Wednesday - Moss Mill Brewing Co.,**

**109 Pike Circle, Unit D, Huntingdon Valley, PA.**

## Story Tails Reading Program with the Women's Animal Center

Come help socialize a friendly, adoptable shelter animal by reading to them! While waiting for your turn to read, explore the library and make treats for the shelter animals! Help out the animals from the Women's Animal Center! This is a walk-in program.

**AGES: All**

**DATES: 3rd Thursday of the month**

**TIME: 6:00 PM**

**LOCATION: Southampton Free Library**

## Weekend Walks

Join us as we explore the local area and learn a little about local history. Weekend Walks will be returning in April and run through October. On the last Saturday of the month, we will get some exercise and enjoy the fresh air. Please check the library's website for specific dates and meeting places!

**AGES: All**

**DATE: Variable**

**TIME: 9:00 AM or 10:00 AM**

**LOCATION: Check [www.southampton-freelibrary.org](http://www.southampton-freelibrary.org) for specific meeting places.**

## Family Storytime

Join us as we read books and sing songs! We may play with toys after our storytimes or create a craft. Check our calendar for special themed story times!

**AGES: Birth to 5 years.**

**DATES: Tuesdays and Fridays**

**TIME: 10:30-11:30 A.M.**

**LOCATION: Southampton Free Library**

## Spring Bag Sale

Fill-a-Bag for \$5.

**Bag Sale Date: April 27th - May 1st**

**Location: Southampton Free Library**





### Blood Drive

Upper Southampton Parks & Recreation is partnering with The American Red Cross for a Blood Drive on Tuesday, January 14th and Thursday, April 30th. Every two seconds someone in the United States needs blood. Right now, there is a significant shortage of blood for hospital patients and the American Red Cross has issued an emergency request for people to donate. You can help. Giving blood doesn't require much time and one pint of blood you can save three lives. Join us to help. Registration encouraged, walk-ins welcome.

*Individuals who are 17 years of age (16 with parental consent in most states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.*

**AGES: Must be 16 or older to donate**

**DATE: Tuesday, January 14, 2020**

**Thursday, April 30, 2020**

**TIME: 2:00 PM - 7:00 PM**

**3:00 PM - 8:00 PM**

**LOCATION: Community Center**

**Register Online at [www.ustwprec.com](http://www.ustwprec.com)**



### Maple Sugar Demonstration

Learn about the history of Maple Sugaring and learn the proper use of tools, methods for obtaining sap and evaporation techniques. This is a "hands-on" program and everyone is invited to "tap a tree" and "taste the results." This program is a parent/child development program and is FREE. Everyone will also receive a recipe to make maple sugar candy. Meet at the Tamanend Park Pavilions at 11:00 AM sharp.

**AGES: All**

**DATE: Sunday, March 1, 2020**

**TIME: 11:00 AM - 12:00 PM**

**LOCATION: Tamanend Park**

**FEE: Free but please register online at [www.ustwprec.com](http://www.ustwprec.com)**



### A Hoppy Egg Hunt

Our bunny has hidden eggs in Tamanend Park that are waiting to be found. Bring your whole family (and a basket) to search for some goodie-filled eggs and make a fun craft! Our silly Bunny will be there too so don't forget to bring your cameras. This event is free but please register before. Little hunters (0-5) will have their own small patch for hunting.

**AGES: 0-9**

**DATE: Saturday, April 4, 2020**

**TIME: 10:00 AM**

**LOCATION: Tamanend Park**

**\*This event will start at 10 AM sharp & is weather dependent**

### Mother's Day Breakfast & Tea

Get a jump start on Mother's Day and join us on Saturday, May 2nd from 9AM - 10:30AM for a lovely Mother's Day Breakfast. Spoil that special person in your life with all the bacon and eggs without having to worry about the prep or clean-up (we have you covered). Register online at [www.ustwprec.com](http://www.ustwprec.com).

**AGES: All**

**DATE: Saturday, May 2, 2020**

**TIME: 9:00 AM - 10:30 AM**

**LOCATION: Community Center**

**FEE: \$7/person**



### Carriage House Artist Art Show

Spring has arrived so come, get out and join local artists in the Carriage House at Tamanend Park on Saturday, April 6th and 7th from 10am to 4pm to see some beautiful works of art. A variety of original artwork will be on display as well as for sale (so don't forget your wallets.)

**Date: Saturday, March 28 -**

**Sunday, March 29, 2020**

**Time: 10:00 AM - 4:00 PM**

**Location: The Carriage House at Tamanend Park, 1255 Second Street Pike, Southampton, PA 18966**



### Spring Craft Show

There is nothing more lovely than handmade items and crafts and the Spring Craft Show has it all - Wreaths, Florals, Jewelry, Painted Slates, Garden Art, Homemade Candy, Gourmet Foods, Kids Clothes, and much more - So whether you are looking for a one-of-a-kind gift or something for yourself stop by to see all we have! For more information visit our website at [ThreeDCrafts.com](http://ThreeDCrafts.com).

**CRAFTERS WANTED!**

*If interested in being a Crafter call Nancy at 215-364-3795 for more information OR Fill out the Crafter Application form at [www.threed-crafts.com/CRAFTER-APPLICATION.html](http://www.threed-crafts.com/CRAFTER-APPLICATION.html) to be considered for the upcoming Farmhouse Craft Shows at Tamanend Park.*

**DATE: Saturday, March 28, 2020 -**

**Saturday, April 4, 2020**

**TIME: Monday to Friday**

**10:00 AM - 7:00 PM**

**Saturday & Sunday 10:00 AM - 5:00 PM**

**Location: The Farmhouse at Tamanend Park, 1255 Second Street Pike, Southampton, PA 18966**

**Save the Date!**  
**Tamanend Park Day**  
**Saturday, September 12, 2020**  
**11am-2pm**  
**Free Family Event!**

### Earth Day Clean Up at Tamanend Park

**Volunteers Wanted!**

Are you looking for volunteer hours or a feel good project? Come join park staff clean up and help get our beautiful park ready for spring! For more information or to register please call 215-355-9781

\*water and snacks will be provided

**DATE: Saturday, April 18, 2020**

**TIME: 11:00 AM - 2:00 PM**

**LOCATION: Tamanend Park**

### Township-wide Yard Sale

Are you interested in reducing, reusing, up-cycling or decluttering items found in your home? All Upper Southampton residents are invited to participate in a township-wide yard sale. You can participate by registering on our website at [www.ustwprec.com](http://www.ustwprec.com) - An interactive map with all participating addresses will be posted on our website. This event will be advertised.

**DATE: Saturday, May 16, 2020**

**TIME: 8:00 AM - 1:00 PM**

**LOCATION: Upper Southampton Township**



### Spring Art Show

Just Painters, a group of local artists, will be exhibiting works of art on Saturday, May 16, 2020 from 9:00 am to 3:00 pm, in the Carriage House located in Tamanend Park, 1255 Second Street Pike, Southampton, PA. Original paintings in watercolor, oil, pastel and acrylic, along with portfolio paintings, prints and cards will be for sale. Come shop, browse and enjoy. Refreshments will be served. For more information call Linda Ritter at 215-357-4525.

**Date: Saturday, May 16, 2020**

**Time: 9:00 AM - 3:00 PM**

**Location: The Carriage House at Tamanend Park, 1255 Second Street Pike, Southampton, PA 18966**



### Annual Herb Sale

Get your gardens (and kitchens) ready for the Spring & Summer at the Annual Herb Sale hosted by the Tamanend Park Herb Club on Saturday, May 16th and Sunday, May 17th from 10:00 AM to 2:00 PM. Profits raised by the Herb Sale goes towards high school and college scholarships. The Club gives two \$1,000 college scholarships to students planning a career in horticulture. For more information contact [Laura May at L\\_May@comcast.net](mailto:Laura_May@comcast.net).

**Date: Saturday, May 16 -**

**Sunday, May 17, 2020**

**Time: 10:00 AM - 2:00 PM**

**Location: The Farmhouse at Tamanend Park, 1255 Second Street Pike, Southampton, PA 18966**





### Piano Junior

Join us for a fun, high energy music and movement special event! Play, socialize and enjoy our unique "Piano Junior" music/movement class! Children will have fun while learning the beginning concepts of music that lead to playing piano in the future. You will get to try out what you have learned on our mini keyboards and make a music craft! Puppets, games, songs, instruments, crafts and more! Don't miss out on this very special musical event!

**AGES: 2-5 years old**

**DATE: Monday, March 16, 2020  
Monday, April 13, 2020**

**TIME: 10:00 AM - 11:15 AM**

**LOCATION: Community Center**

**FEE: \$8.00**

**\*Each class will have different activities.**

### Dance for Tots

#### Ballet for Tots

Students will learn all the basics it takes to be a ballerina. This class will enhance the child's rhythm, balance, coordination, flexibility and posture. The children will also dance to song and dance routines. Ballet Shoes Required.

#### Ballet/Tap Combo

Students will learn all the basics to be a ballerina and a tap dancer. Classes will enhance rhythm, coordination, balance, flexibility and posture. Ballet/Tap Shoes Required.

**AGES: 3-8**

**DATE: March 23 - April 27**

#### Ballet for Tots:

**Mondays, 5:00 PM - 5:45 PM**

#### Ballet/Tap Combo:

**Mondays, 5:45 PM - 6:30 PM**

**LOCATION: Community Center**

**FEE: \$70**

### Little Dribblers with Obvious Choice Sports

Obvious Choice Sports introduces your child to basketball, where they will learn to play and play for fun! Each week your child will learn basic vocabulary, practice skills like dribbling, passing, defense, and shooting, play games, and most importantly, have fun! The Obvious Choice Sports coaches will work with players to build self-confidence and fine motor skills, while learning about teamwork and sportsmanship. We provide everything your child needs for an exciting and engaging morning at an affordable rate!

**Ages: 3-4**

**Winter Session: Sat, Feb. 15 - March 14,  
9:30 AM - 10:15 AM**

**Spring Session: Sat., April. 4 - May 16, 9:30  
AM - 10:15 AM**

**No Class April 11th**

**Location: Community Center**

**Instructor: Obvious Choice Sports**

**Fee: \$55/Winter  
\$65/Spring**

**\*Parents must be present during program  
for 3-4 year old programs.**

### Pee Wee Picasso's

Arts & Crafts time with your little ones without all the mess in your house! Join us for some artsy fun from coloring to painting to all the things your little tots love. Three sessions, each one with a different theme and crafts!

**AGES: 2-5**

**DATE: Tuesday, February 11, 2020  
Tuesday, March 17, 2020  
Tuesday, April 14, 2020  
Tuesday, May 5, 2020  
Tuesday, June 2, 2020**

**TIME: 11:00 AM - 12:00 PM**

**LOCATION: Community Center**

**Meeting Room**

**FEE: \$5 Res. / \$7 Non-Res.**

### Lil' Explorers

Bring your little ones to explore Tamanend Park. We'll read a story, then take a fun-filled nature hike to try to see some new and different friends.

**AGES: 2-5**

**DATE: Monday, March 23, 2020  
Monday, April 20, 2020  
Thursday, May 7, 2020  
Tuesday, June 9, 2020**

**TIME: 11:00 AM - 12:00 PM**

**LOCATION: Carriage House at Tamanend Park, 1255 2nd Street Pike,  
Southampton, PA 18966**

**FEE: \$5 Res. / \$7 Non-Res.**

### Zumbini with Shara Music & Movement Program

The Zumbini program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun! Included in this class will be a Zumbini Bundle that lets class participants continue the fun and learning found in Zumbini classes wherever they go! The bundles include digital access to our catchy, kid-friendly world rhythms, sing-along music from class, an illustrated page songbook and a plush doll modeled after the book's main character, bringing the experience to life for your little one! For more information about Zumbini and Shara, the instructor, please visit [www.zumbini.com/instructor/3280](http://www.zumbini.com/instructor/3280). *Want to try a class to see what it's all about before committing? No problem, join us for a Demo Class on Monday, March 3 from 10 AM to 10:50 AM for just \$10! If you enjoy the class and register for the whole session we'll send you a promo code to take \$10 off at the register.*

**AGES: 0-4 years old**

**DATE: April 6 - May 18, 2020 (Mondays)**

**TIME: 10:00 AM - 10:50 AM**

**LOCATION: Community Center**

**FEE: \$139 / Parent + Child**

**\*\*Register online at [www.ustwprec.com](http://www.ustwprec.com)**

### Little Gardeners

Let your little ones get ready for spring by learning to plant, dig and grow flowers and vegetables. Students will plant seeds in a flower pot and can take their plants home to watch it grow. We will be playing in dirt, so please dress accordingly.

**AGES: 2-5**

**DATE: Wednesday, March 11, 2020  
Tuesday, April 17, 2020**

**TIME: 11:00 AM - 12:00 PM**

**LOCATION: Tamanend Park -  
Farmhouse**

**FEE: \$8 Res. / \$10 Non-Res.**

**\*Parent or Caregiver (free) must attend the class.**



Edward Jones ranks highest in investor satisfaction with full service brokerage firms, according to the J.D. Power 2019 U.S. Full Service Investor Satisfaction Study<sup>SM</sup>

**Why? Because we're built for listening.  
So what's important to you?**

Contact me at 215-355-9545 to get started.

**Edward Jones - It's Time for Investing to Feel Individual.**

Study based on responses from more than 4,629 investors who primarily invest with one of the 18 firms included in the study. The majority of the study was fielded in December 2018. Your experiences may vary. Rating may not be indicative of future performance and may not be representative of any one client's experience because it reflects an average of experiences of responding clients. Visit [jdpower.com/awards](http://jdpower.com/awards).



**Bob Bennett, ChFC\***  
Financial Advisor  
1122 Street Rd Ste 206  
Southampton, PA 18966  
215-355-9545

[edwardjones.com](http://edwardjones.com)  
Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING



### School's Out! Artful Days

New in 2020! Artful Days is offering fun and engaging themed art camps when school is not in session. Each independent, creative Workshop offers 2-3 different projects where students can create fabulous works of art. Flexible sessions enable parents to opt for morning (9-12), afternoon (1-4) or all day (9-4) classes. Be sure to sign up today, as classes fill up quickly. See website for more information and register. [www.ustwprec.com](http://www.ustwprec.com)

#### Dreams & Inspirations:

**Monday, January 20**

**Jackson Pollock's Birthday:**

**Wednesday, January 29**

**Random Acts of Kindness Day:**

**Monday, February 17**

**Spring Equinox: Friday, March 20**

**Tune-in Thursday: Thursday, April 9**

**Foodie Friday: Friday, April 10**

**Plant Appreciation Day:**

**Monday, April 13**

### Creative Theater

Have you ever wanted to star in a play you helped create? Join us this spring, as students learn all about theatre by doing it themselves! Children are guided, by the instructors, through a process where they play theatre games, create a story, and work together to make that story into a working theatrical production. The participants create their own character, plot, props, costumes, title, and everything else that's needed to make the production complete. You get to play the part you have always dreamed of! The final day is a performance of their original play for parents, family, and anyone else who wishes to come.

**AGES: 7-10**

**DATES: January 25 - March 7, 2020**

**TIME: Saturdays, 10:00 AM - 12:00 PM**

**LOCATION: Newtown Township Administration Building**

**FEE: \$130.00 Res. / \$155 Non-Res.**

**DO YOU  
HAVE A NEW  
PROGRAM  
IDEA?**

*Let Us Know!*

**CALL  
215-355-9781**

### Spring Photography Class

**Presented by:**

**You Are My Sunshine Photography**

Come join us this spring for Saturday morning photography camp. Each week your child will learn something new about their camera and will put that new knowledge to work taking photos under the guidance of photographer Dawn MacAdams-Mull. Each spring session runs for 5 weeks from 9am-11:30am at the Farmhouse, Tamanend Park, 1255 2nd Street Pike, Southampton PA 18966. Parents are able to register for the full 5 weeks or pick and choose the Saturdays you are interested in. Individual classes are \$50 each per child.

**AGES: 9-12**

**DATES: April 25 - May 23, 2020**

**TIME: Saturdays, 9 AM - 11:30 AM**

**LOCATION: Tamanend Park - Farmhouse**

**FEE: \$200/5-weeks or \$50/per class**

### Valen-teens Day Scavenger Hunt

Grab a friend or a whole team and sign up for this Valentine's Day Scavenger Hunt. From Tamanend Park to Car Wash USA, we'll have you searching for clues all over Southampton. Teams must have at least one person with a valid driver's license. Winning team will receive a prize.

**AGES: 13-18**

**DATES: Saturday, February 8, 2020**

**TIME: Must be completed by 5pm**

**LOCATION: Tamanend Park - Farmhouse**

**FEE: \$5/team**

**\*More information will be released once closer to the date.**

### Little Dribblers with Obvious Choice Sports

Obvious Choice Sports introduces your child to basketball, where they will learn to play and play for fun! Each week your child will learn basic vocabulary, practice skills like dribbling, passing, defense, and shooting, play games, and most importantly, have fun! The Obvious Choice Sports coaches will work with players to build self-confidence and fine motor skills, while learning about teamwork and sportsmanship. We provide everything your child needs for an exciting and engaging morning at an affordable rate!

**Ages: 5-7**

**Spring Session: Sat., April. 4 - May 16,**

**10:15 AM - 11:00 AM**

**No Class April 11th**

**Location: Community Center**

**Instructor: Obvious Choice Sports**

**Fee: \$65**

**\*Parents must be present during program for 3-4 year old programs.**

### Schools Out with Obvious Choice Sports

Obvious Choice Sports offers an active and engaging alternative to sitting inside all day. We provide a safe and fun environment where youth of all skill levels will learn to play sports and play for fun. Activities include basketball, dodgeball, floor hockey, soccer, dance competitions, and more!

**AGES: 5 - 12**

**DATE: Monday, January 20, 2020**

**Wednesday, January 29, 2020**

**TIME: 8:30 AM - 3:30 PM**

**LOCATION: Community Center**

**FEE: \$48/day**

### Junior Golf Clinic

For kids 7 to 12. A good starting point to introduce children to golf. Small groups are great for kids to socialize as well as learn. No one too new or too advanced for this class. Golf is fun, but making the same mistakes over and over again can be frustrating. Mad golfer lesson packages build on one another, so your game keeps getting better.

**AGES: 7-12**

**SESSION 1: April 4 - April 25**

**SESSION 2: May 2 - May 23**

**TIME: Saturdays, 11 AM - 12 PM**

**LOCATION: Mad Golfer Club**

**FEE: \$119 Res. / \$149 Non-Res.**

### Exploring Archery (Ages 5-12, 13-17, 18+)

Archery is a universal, lifetime sport... anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (safe tip), quivers, targets, safety netting and cones will be provided. This 6-week program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified, experienced instructors from Shooting Star Archery Academy.

**YOUTH (5-12): Sat, Apr. 18 - May 30, 10:00 - 10:45 am**

**No Class May 23**

**TEENS (13-17): Sat, Apr. 18 - May 30, 11:00 - 11:45 am**

**No Class May 23**

**ADULTS (18+): Sat, Apr. 18 - May 30, 12:00 - 12:45 pm**

**No Class May 23**

**INSTRUCTOR: Shooting Star Archery Academy**

**LOCATION: Clark Nature Center**

**FEE: \$155**

## Youth Sports

### Girl's Softball

President: Wendy Chenworth  
267-679-4634  
bbuheck@yahoo.com

**AGES:** 6U (T-BALL) through  
18U leagues.

**REGISTRATION:** Open Now

**WEBSITE:** Southamptongirlssoftball.org

**FREE CLINICS:** February to March  
See website for details.



### Baseball

President: Scott Barkus  
215-258-2287  
southamptonbaseballprez@gmail.com

**AGES:** 4-19

**REGISTRATION:** Open Now

**WEBSITE:** Southamptonbaseball.com

**LOCATION:** Community Center



### Cheerleading

President: Laura Martin  
215-378-5580  
southamptonknightscheerleading@aol.com

**AGES:** 3-14 Sideline & Competition Cheer

**REGISTRATION:** Opens March 1st

**WEBSITE:** Southamptonknightscheerleading.com

**CLINICS:** April & May

### Football

President: John Lombardi  
jlombardisouthamptonknights@gmail.com  
Vice-President: Tina Baxter  
tbaxtersouthamptonknights@gmail.com

**AGES:** 4 - 5 (Flag Football)

6 - 15 (Tackle Football)

5-15 (Spring Flag Football)

**REGISTRATION:** April- August

November-March (Spring Flag Football)

**WEBSITE:** Southamptonknights.com

**SOCIAL MEDIA:**

Facebook @SouthamptonKnightsFootball

Twitter @Sthmptnknights

Instagram @Southamptonknightsfootball



### Soccer

President: Ed Sloan  
southamptonsoccer@comcast.net

**AGES:** 4 - 18 Boys & Girls

**REGISTRATION:** Mid-March 2020

\*Online Only- see website for details

**WEBSITE:** Southamptonsoccer.org



### Basketball

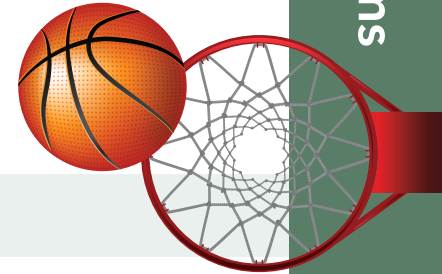
President: Walt Shead  
215-364-4420  
ssspts5223@comcast.net

**AGES:** K - 8th Grade (Boys & Girls) /  
9th - 12th Grade (Boys)

**REGISTRATION:** see website for details

**WEBSITE:** Uppersouthamptonbasketball.com

**LOCATION:** Community Center



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## Adult Sports Leagues

### The Business League

Looking for something to do on a Friday  
Night? Join The Business League Men's  
Friday Night Softball. Come out, enjoy and  
meet your neighbors and business people  
in some fun slow-pitch softball!

**DATES:** Season starts April 24, 2020 and  
runs through July 31, 2020.

**Register by April 10, 2020!**

**FEE:** Cost per team is \$700  
(includes umpire fees, softballs and  
insurance)

**All teams must be sponsored by a  
business**

For more information or to register please  
contact Gerry Bowen at 215-704-4512

### Upper Southampton Summer Basketball College League

Ten games guaranteed. 7-10 players per  
team. All teams make playoffs; seeded on  
regular season.

**AGES:** 18+ (for players college age and  
above)

**DATES:** League starts approx. June 29,  
2020

**Monday, Tuesday, Wednesday Nights  
TIME: 6:30 PM - 10:30 PM**

**LOCATION:** Community Center

**FEE:** \$90/player

**\*includes referee fees & shirt**

Contact Ray Horn at Rhorn@ustwp.org with  
rosters and team requests.



Follow us on Facebook: Facebook.com/USTPR





# 2020 USPR Summer CAMP

# USPR 2020

June 22 – August 21, 2020

- Camp Programs for Ages 5-15
- 9-Week Full-Day Program
- Nationally accredited by the American Camp Association



## MISSION

Together we encourage choices and behavior that foster individual growth through the development of self-confidence and acceptance of others.

**6/22-8/21**

REGISTER BY  
**JUNE 1<sup>ST</sup>**

**AGES 5-15**

## OVERVIEW

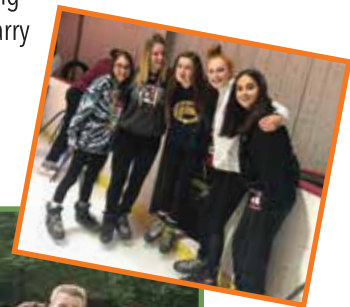
We encourage campers to tap into their strengths and then we recognize their achievements. Whether they are an athlete, an artist or just interested in having fun, we have the activities and the staff that will, without a doubt, bring out the best in each camper. Our campers are encouraged to try new things, learn new skills and develop old ones. We want our campers to play, get dirty, explore nature, make friends, and discover themselves as a member of our camp community. Our staff is trained to encourage team building and create an environment where campers feel that anything is possible.

## CAMP BASICS

- 2020 Camp Dates: June 22 - August 21, 2020
- Daily Camp: 7:50 AM - 5:15 PM
- Daily Transportation is NOT available.
- All employees are screened in accordance with Township and American Camp Association policies.
- Before/Aftercare is not available.
- Parent/Guardian must use pickup passes.
- If a child leaves for an illness or injury a doctor's clearance must be submitted upon return to camp.
- No Camp July 3.
- All program policies are subject to change at the Parks and Recreation Director's discretion.

## OUR STAFF

The most important factor of summer camp is the staff. No matter how many activities or special events are offered, it is the background, enthusiasm and personality of each staff member that determines whether or not camp is fun, exciting, and safe. Our counselors are selected according to their experience and interest. Our staff is enthusiastic, caring, well-trained, and safety conscious. They encourage team building among campers and themselves to create a positive and safe environment. All staff are required to participate in our training program which prepares them to carry out their daily responsibilities and emergency situations.



**REGISTRATION IS OPEN  
SPACE IS LIMITED**

## YOUTH CAMP FEES & PAYMENTS

ALL INCLUSIVE FOR 2020 - INCLUDES TRIPS.  
PICK YOUR OWN WEEKS IS BACK!

### REGISTER FOR THE FULL 9-WEEKS:

UST Resident Fee: \$1035/9-weeks (\$115 per week)

Non-Resident Fee: \$ 1170/9-weeks (\$130 per week)

\*Payment Plan available.

### PICK YOUR OWN WEEKS (SIX WEEK MINIMUM):

UST Resident Fee: \$135 Per Week

Non-Resident Fee: \$145 Per Week

- Resident rate applies to only those who live in Upper Southampton Township.
- Please note that ALL residencies will be verified.
- Registration will be forfeited for falsification of residency documentation.
- All payments and registrations due by June 12. \$50 late fee applied to unpaid registrations after June 12th.
- NO hidden fees. Camp fees will not be prorated.
- NO refunds are given for any reason.



## YOUTH CAMP

Ages: 5 - 12

Youth Camp provides a safe, structured, fun-filled environment for campers to reconnect this summer! Activities include daily sports, fun-theme days, weekly arts & craft themes, swimming and more! This camp is about having fun, making friends and creating memories. We have revamped the camp this year to include new and better trips, games, crafts and activities. We've created a program that allows campers to enjoy their summer learning new things, having fun, making new friendships and just letting them be kids in a safe and supervised environment.

### Two Youth Camp Locations:

1. Tamanend Park
2. Community Center

### FUN THEME DAYS

Crazy hair day • Pajama Day  
Spirit Day • Halloween Day  
Christmas in July • Sports Day  
Neon Day • Backward Day  
Decades Day • Crazy Sock Day  
\*Theme Days will be announced in the weekly camp newsletters

### Youth Camp Information:

- Trips and Weekly Swimming
- Children must have attended Kindergarten
- Trips to be announced in May/June 2020
- All activities and trips subject to change



## 2020 USPR Summer CAMP



## TEEN CAMP Ages: 13-15



### Teen Camp Information:

- Located at Tamanend Park
- Trips to be announced in May/June 2020
- Like us on Facebook @USTPR to stay up to date!
- All activities and trips subject to change

Teen Camp allows teens to engage in a fun-filled camp experience with daily sports and games, special activities, swimming and exciting trips. Teen camp has all the games they love – competitive sports, capture the flag, dodgeball, even video games that we have brought to life. Teens also have 8 trips included – that's one trip every week! Every Tuesday afternoon they will be given opportunities to learn what it takes to be a camp counselor, to grow as leaders and individuals through hands-on team-building exercises, basic first aid, special speakers and certifications. But don't worry, even if your teen decides not to become a camp counselor, they can use the skills learned to be successful in life. Teen camp is all about enjoying summer the way it's meant to be so whether teens are hanging out, exploring nature, conquering new heights, or becoming part of a camp family, they are creating memories that will last a lifetime.

## TEEN CAMP FEES & PAYMENTS

ALL INCLUSIVE FOR 2020 - INCLUDES TRIPS.

### REGISTER FOR THE FULL 9-WEEKS:

UST Resident Fee: \$1100/9-weeks

Non-Resident Fee: \$ 1235/9-weeks

\*Payment Plan available.

- Resident rate applies to only those who live in Upper Southampton Township.
- Please note that ALL residencies will be verified.
- Registration will be forfeited for falsification of residency documentation.
- All payments and registrations due by June 12. \$50 late fee applied to unpaid registrations after June 12th.
- NO hidden fees. Camp fees will not be prorated.
- NO refunds are given for any reason.



REGISTER ONLINE!  
USTWPREC.COM





2020  
USPR  
Summer  
CAMP

CAMP FAQs

**Family Communication**

Please check out our Summer Camp Parent Page under "Summer Camp Programs" at [www.ustwprec.com](http://www.ustwprec.com) where you can read the Upper Southampton Camp Parent Handbook, view camp schedules, updates and newsletters! \*Camp Newsletters are also emailed each week during camp outlining the daily activities, special events and guest speakers for the week.

**Lunch & Snack**

**Lunch:** Please send three bottles of water and a nutritionally balanced, non perishable lunch to camp. (We do not have refrigeration so include an ice pack if needed) If your child forgets his/her lunch you will be called to bring their lunch to camp.

**Snack:** Provide your child with a snack for daily scheduled snack time.

**Trips**

Trips are included in the camp fee. If you choose not to send your child on a trip you must keep your child home that day. Youth and Teens do not have the same schedule. Trip details will be sent home the Friday prior to each trip. Camp times may vary on trip days.

**Drop Off/Pick Up Procedures**

Camp runs Monday thru Friday 9am-4pm. Parents can drop their campers off between 7:50am and 9am and pick-up is from 4pm-5:15pm. All campers should be picked up by 5:15pm, late pick-up fees start at 5:16pm and parents will be charged \$20 per child for every 15 minutes they are late (parents will be sent an invoice). A pick-up pass is required for each camper and must be shown in order for kids to leave camp. Each camper's safety is our number one priority and the pick-up passes help ensure that your child does not go home with any unauthorized person. On the first day of camp signs will be posted and staff will be directing your drop-off and pick-up procedures.

**\*Parents will receive pick-up passes before the start of camp.**



**Allergies/Medications**

We work carefully to educate our staff about food allergies. Campers with food allergies should contact the Parks & Recreation Director for additional information.

**Personal Belongings**

Campers should wear comfortable play clothes, socks, sneakers and sunscreen. Please dress in weather-appropriate clothing. No open-toed shoes, sandals or flip-flops for safety reasons. LABEL ALL YOUR CHILD'S ITEMS SENT TO CAMP. Please do not send toys, games, cards, etc. to camp; we are not responsible for these items. If you choose to send in electronic devices with your child include the items on your Homeowners insurance policy. The camp is not responsible for the loss or damage of any personal property brought to camp. Firearms, ammunition of any kind, or any items that we deem unsafe are NOT ALLOWED. Lost & Found will be put out each Friday at each site at the pick-up area.

Registration is now open!

– SPACE IS LIMITED! –  
215-355-9781 | [www.ustwprec.com](http://www.ustwprec.com)

REGISTER NOW!

Payment plans available!

**Register Online** at [www.ustwprec.com](http://www.ustwprec.com). Pay by credit card. We accept Visa, Master Card, American Express and Discover. Credit card information is not stored for future payments.

**Register in Person** at the Southampton Community Center, 913 Willow Street, Southampton, PA. Only checks are accepted.

**Register by Mail** by downloading the Program Registration Form from our website, [www.ustwprec.com](http://www.ustwprec.com), and mailing to 913 Willow Street, Southampton, PA 18966. Only checks are accepted.

*\*Checks should be made out to Upper Southampton Township.*



*Whenever practicable, Upper Southampton Township's Summer Camp attempts to accommodate children with special needs, however, in situations where accommodation exceeds the capability of the staff/facilities, or if the child could pose a danger to other participants or the staff, Upper Southampton Township reserves the right to decline an application for cause.*



### Philadelphia Union Super Soccer Stars

#### Parent & Me (ages 12-24 months)

Parent & Me offers a pre-soccer movement class that will encourage your toddler to use their lower and upper body more effectively in order to improve balance, overall coordination, and kicking abilities. Using these skills as they grow, they will develop the tools necessary to begin playing soccer. Mimi and Pepe (our puppet friends!) will help you stretch, sing, run, kick and play! *Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!*

**WINTER I: Thursdays, 9:30 - 10:10 am**

**January 16 - February 20, 2020**

**WINTER II: Thursdays, 9:30 - 10:10 am**

**February 27 - April 2, 2020**

**WINTER LOCATION: Newtown**

**Township Administration Building**

**SPRING I: Thursdays, 9:30 - 10:10 am**

**April 23 - May 28, 2020**

**SPRING LOCATION: Roberts Ridge Park**

**INSTRUCTOR: Super Soccer Stars**

**FEE: \$120 Res / \$144 Non-Resident**

### Philadelphia Union Super Soccer Stars

#### Youth Program for Ages 2-3

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula and educational class themes use positive reinforcement, and a low child-to-coach ratio, to ensure that each child improves at his or her own rate while having endless fun! *Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!*

**WINTER I: Thursdays, 10:20 - 11:00 am**

**January 16 - February 20, 2020**

**WINTER II: Thursdays, 10:20 - 11:00 am**

**February 27 - April 2, 2020**

**WINTER LOCATION: Newtown**

**Township Administration Building**

**SPRING I: Thursdays, 10:20 - 11:00 am**

**April 23 - May 28, 2020**

**SPRING LOCATION: Roberts Ridge Park**

**INSTRUCTOR: Super Soccer Stars**

**FEE: \$120 Res. / \$144 Non-Resident**

### Philadelphia Union Super Soccer Stars

#### Youth Program for Ages 6-8, 8-10

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Through the use of fun and ready-for action games and challenges, each player will learn the characteristics to become a successful soccer player. Whether a soccer novice, or looking to develop advanced skills, Super Soccer Stars is the place to be! *Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!*

*\*Shin guards recommended*

**AGES: 6-8**

**SESSION: Sat, Apr. 19 - Jun. 7,**

**10:00 - 11:00 am, No Class 5/24**

**AGES: 8-10**

**SESSION: Sat, Apr. 19 - Jun. 7,**

**11:10 am- 12:10 pm, No Class 5/25**

**INSTRUCTOR: Super Soccer Stars**

**LOCATION: Roberts Ridge Park**

**FEE: \$140 Res. / \$168 Non-Resident**

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## Tai Chi

Tai Chi is an ancient Chinese martial art that can reduce stress and improve flexibility, balance, and overall health. A series of slow movements align the body's internal energy paths, enabling chi (internal energy) to flow through the body. Qi Gong (Chi Kung) is an ancient Chinese exercise to control and increase the body's internal energy.

**AGES: 18 and older**

**DATES: January 30 - March 5**

**TIME: Thursdays, 6:30 PM - 7:30 PM**

**LOCATION: Tamanend Park - Carriage House**

**FEE: \$35.00 Res. / \$45 Non-Res.**

**INSTRUCTOR: Michel Denarié**

## Vinyasa Yoga

Vinyasa Yoga moves dynamically from asana (pose to pose) with constant attention to breath. Most classes will focus on balance, power, fluidity, and alignment. Vinyasa frees the body of impurities like stiffness and muscle tension, leaving practitioners feeling clear and energized. This class is appropriate for students of all levels. Class is safe and steady for those who are newer to yoga, while playful options will be offered for students who have a bit more experience. *Please bring a water and a yoga mat.*

**AGES: 18 and older**

**SESSION: March 2 - April 13, 2020**

**SESSION: April 13 - May 18, 2020**

**TIMES: Mondays, 6:15 PM - 7:15 PM**

**LOCATION: Tamanend Park - Carriage House**

**FEE: \$65/6-week session**

**INSTRUCTOR: Julia Paddison**

## Cooking Class

Are you following a vegan lifestyle, or do you have a guest coming to your holiday table that does? Join us for a fun and informative demonstration style cooking class with a bit of hands on activity where we will share recipes, instruction and enjoy a four-course brunch together. Our vegan meal features a creamy and delicious eggless vegetable quiche, vegan "bacon", French toast waffles with fresh berry salad and kale salad with candied walnuts. *\*A \$10 materials fee is due to the instructor at the beginning of class.*

**DATE: Thursday, March 26, 2020**

**TIME: 6:30 PM - 9:00 PM**

**LOCATION: Newtown Middle School**

**FEE: \$35 Res. / \$42 Non-Res**

**INSTRUCTOR: Lynne Coulter, Saucy's Kitchen**

## Lead the Way Dog Training

Has your dog been hibernating inside with you this winter? Are you both ready for spring? Let Lead The Way Dog Training show you how to "Spring" into some new games and fun with your best friend! Your doggo will sure enjoy their time with Lead The Way Dog Training, as we play and show you how "brain games" are fun and rewarding for everyone. In this 4 week course we will be going through different commands along with agility course pieces. Please bring treats, leash and harness.

*Pre-Requisites: Must walk well on a leash, listens around other dogs, friendly with dogs and other humans (no dog or human aggression), a current copy of shot records.*

**SESSION: March 21 - April 11, 2020**

**SESSION: April 25 - May 16, 2020**

**TIMES: Saturdays, 2:00 PM - 3:00 PM**

**LOCATION: Tamanend Park - Pavilions**

**FEE: \$125/per session**

**INSTRUCTOR: Lead the Way Dog Training**

## Soap Making

Learn how to make your own soap from start to finish. This class focuses on the beginner soap maker, no prior soap making experience is required. The soap making process taught is Cold Process, Thermal Heat/Room Temperature technique. You will make a batch of soap to take home with you! \*A \$20 materials fee is due to the instructor at the beginning of class.

**AGES: 18 and older**

**DATE: Hot Process Soap Making Sunday, March 22**

**Cold Process Soap Making Sunday, February 16**

**TIME: 2:00 PM - 5:00 PM**

**LOCATION: Newtown Township Administration Building**

**FEE: \$55/class Res. / \$60/class Non-Res**

## Bowling

Each week will include 3 games of bowling with basic coaching available if desired. For children under 12, bumpers is an option. Ramps will also be available for younger bowlers if needed! Use of house bowling balls and rental shoes included! Please note: class end time may vary depending on the length of instruction/games.

**AGES: 3 and Older**

**DATE: March 13 - May 8, 2020**

**\*No Class April 10th**

**TIME: 2:00 PM - 5:00 PM**

**LOCATION: Thunderbird Lanes**

**FEE: \$80 Res. / \$96 Non-Res.**

## Ready Response CPR Training

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

**AGES: 13 and older**

**DATE: Tuesday, March 10**

**Thursday, June 18**

**TIME: 6:30 PM - 8:00 PM**

**LOCATION: Community Center**

**FEE: \$80**

**INSTRUCTOR: Mike Andolina, Ready Response, LLC**

## Car Care 101

Learn all the basics about car care from how to change your car's oil to filling your window washer fluid. We'll learn how to check your tire pressure and even how to change a tire. Don't be afraid to get your hands dirty, come join us and learn car care 101.

**AGES: 16+**

**DATE: Saturday, May 9, 2020**

**TIME: 10 AM - 11 AM**

**LOCATION: Community Center**

**FEE: Free**

**\*This class is free but please register so we have a head count.**

## Aikido Self Defense Class - All Levels

Kokikai Aikido is a journey to self-mastery through martial arts training. The Kokikai method encourages students to realize their full potential in all activities of daily life through effective self-defense techniques. The development of inner strength (Ki power) increases physical and mental strength, improves mind-body coordination, and stimulates good health. Kokikai Aikido helps students build a secure foundation for a successful and fulfilling life both on and off the mat.

**DATE: February 3 - March 9, 2020**

**TIME: Mondays, 6:30 PM - 7:30 PM**

**LOCATION: Keystone Aikido, 809 Rozel Ave, Southampton, PA 18966**

**FEE: \$25/class or \$100/5 classes**

## Line Dancing

Line Dancing is very popular at weddings and parties. Even if you have never danced before, you'll find steps simple and fun to learn, a blast to perform with your friends and a great workout. Learn the hottest new Line Dances like Cardio Jive, Peligrosa, Totoy Bibo, African Bum Bum, Chelo Cha-Cha, I Don't Look Good, Angel Eyes, Locomotion, I Love a Rainy Night, Delilah, One Way Ticket, Latino Lover, Bella, Carinito, Mambo Della Noche, Fiesta Cha-Cha, Sun of Jamaica, Chicken Walk Jive, My Pretty Belinda, Que Si- Qui Si and many more. *\*Singles, couples and beginners are welcome.*

### DATE/TIME:

**Tuesdays, 10:00 - 11:30 am**

**Session: Tue, Jan. 7 - Feb. 4,**

**Session: Tue, Feb. 18 - Mar. 17**

**Session: Tue, Mar. 31 - Apr. 28**

**Session: Tue, May 5 - June 2**

**FEE: \$42 Res. / \$50 Non-Res.**

**LOCATION: American Legion Hall, 41 Linden Avenue, Newtown, PA**

### DATE/TIME:

**Thursdays, 10:00 - 11:30 am**

**Session: Thu, Jan. 9 - Feb. 6**

**Session: Thu, Feb. 20 - Mar. 19**

**Session: Thu, May 7 - Jun. 4**

**FEE: \$42 Res. / \$50 Non-Res.**

**LOCATION: American Legion Hall, 41 Linden Avenue, Newtown, PA**

### DATE/TIME:

**Session: Thu, Apr. 1 - 30**

**No Class Apr. 16**

**FEE: \$34 Res. / \$41 Non-Res.**

**LOCATION: American Legion Hall, 41 Linden Avenue, Newtown, PA**

## About Boating Safety

About Boating Safety (ABS) is an in-depth eight-hour multi-session classroom United States Coast Guard Auxiliary boating course.

ABS is approved by the National Association of State Boating Law Administrators. The basic boating course is both fun and comprehensive. Become a PA state-certified boat operator. The certificate earned is PA state authorized and is accepted in all states (including New Jersey) where required for the operation of powered vessels including personal watercraft (jet skis, etc.). Class will provide an introduction to boating;

equipment, safety, emergencies and general regulatory information. This is a minimum eight-hour requirement for state certificate.

**INSTRUCTOR: Coast Guard Auxiliary Members**

**DATE: Saturday, April 18, 2020**

**TIME: 8 AM - 5:30 PM**

**LOCATION: Community Center**

**FEE: \$45/person**

## Women's Self Defense Class

A women's self defense program that is a fun and enjoyable taught by Todd Kupper, chief instructor and founder of the Keystone Dojo in Southampton. Todd is a 6th degree black belt in Aikido and purple belt in Gracie Ju-Jitsu. This self-defense class, exclusively for women and teenage girls, is based on principles of Aikido and Gracie Ju-Jitsu. This program will prepare you physically and mentally for a potential attack. This is a three part course.

**DATE: February 5 - 19, 2020**

**TIME: 6:30 PM - 7:30 PM**

**LOCATION: Keystone Aikido, 809 Rozel Ave, Southampton, PA 18966**

**FEE: \$75**

## Ladies Golf Clinic

To understand how the golf swing works and how you can make your golf swing repeatable. Small groups are a great place to socialize as well as learn. We use simple solutions and drills to achieve better ball contact and control. From grip to stance to swing. We teach based on your level. Golf is fun, but making the same mistakes over and over again can be frustrating. Mad golfer lesson packages build on one another, so your game keeps getting better.

**SESSION 1: April 7 - April 28**

**SESSION 2: May 5 - May 26**

**TIME: Tuesdays, 6:30 PM - 7:30 PM**

**LOCATION: Mad Golfer Golf Club**

**FEE: \$119 Res. / \$149 Non-Res.**

## GetMadFit Boot Camp

These are not your typical bootcamps! We use proven systems to ensure everyone gets the best, safest, most bang for your buck workout! Strength, Endurance, Mobility, Core, its all integrated into a total fitness & fun experience.

**SESSION 1: Feb. 23, March 29, April, 26, May 31**

**SESSION 2: June 28, July 26, Aug. 30, Sept. 27**

**TIME: Sundays, 10:00 AM - 11:00 AM**

**LOCATION: GetMadFit Studio @ Mad Golfer Golf Club**

**FEE: \$60 Res. / \$75 Non-Res.**

## Bingo

Come join friends and play the classic game that everyone loves. No admission fee charged, coffee & light refreshments are served. So come join us and let us hear you yell BINGO!

**DATE: Ongoing - Every Friday**

**TIME: 12:00 PM - 4:00 PM**

**LOCATION: Community Center**

## Total Health Fitness Challenge

Have you ever contemplated doing something for your health/fitness, but you didn't quite know where to begin? Have you ever been so overwhelmed by all the information, fad diets, supplements, and exercise trends out there that you end up truly committing to none of them? Have you ever felt like you've put your health off for so long, that you have dug yourself a hole so big that it's not even worth trying? IT IS WORTH IT, I PROMISE YOU. It doesn't matter where you are in your journey, your knowledge or experience. We will meet you WHERE YOU ARE. This challenge begins with coming up with a plan together, that will improve your entire quality of life. In addition to in person coaching, everyone will get access to health and nutrition resources and support along the way to help them. Sign up for our 30 day wellness program today!

**SESSION 1: April 1 - April 29**

**SESSION 2: May 6 - May 27**

**TIME: Wednesdays, 6:30 PM - 7:30 PM**

**LOCATION: GetMadFit Studio @ Mad Golfer Golf Club**

**FEE: \$79 Res. / \$99 Non-Res.**

## Golfer's Speed Clinic

**Higher Club Head Speed - More Power - More Distance**

Over time our nervous system becomes less reactive, unless we train it. Utilizing the proven "Overspeed training" of Super Speed Golf, we show you how to regain your speed and re-access lost distance. Session includes a golf warm-up and the protocol endorsed by Phil Mickelson and 600 top touring professionals.

*TPI- Titleist Performance Institute Level 3 Instructor*

**SESSION 1: March 4 - March 25**

**SESSION 2: May 6 - May 27**

**TIME: Wednesdays, 6:30 PM - 7:30 PM**

**LOCATION: GetMadFit Studio @ Mad Golfer Golf Club**

**FEE: \$79 Res. / \$99 Non-Res.**

## Bridge

It's not always easy to get your friends together for a game of Bridge these days. Luckily, you can join us every Thursday as we play, find new challenges, and try to master this trick-taking card game.

**DATE: Ongoing - Every Thursday**

**TIME: 1:00 PM - 3:00 PM**

**LOCATION: Community Center**

**FEE: Free!**

REGISTER ONLINE!  
USTWPREC.COM





## Apprise

APPRISE is a free, unbiased Medicare counseling and educational program. APPRISE Counselors receive extensive training to help Medicare Beneficiaries to understand their Medicare benefits, and make informed choices about Medicare health plans and prescription drug coverage. APPRISE services are free and all information is confidential. Appointments can be made by calling the Bucks County Area Agency on Aging APPRISE Program at 267-880-5700.

**AGES: 55+**

**DATES: Thursday, March 5**

**TIME: 7 PM - 9 PM**

**LOCATION: Community Center**

**FEE: Free**

## Know Your Medicare Options

During this free seminar you will learn: How Medicare works and what it covers. How Part "D" prescription cards work and how to pick the right one for you. The differences between Medicare supplements and Medicare Advantage plans. Have your questions answered so you can make the right choices when planning for Medicare or Medicare Advantage decisions. Presented by: Steve Perlman, DelVal Senior Advisors, Independent Medicare Planning. If you are interested in attending this program you must register with the Parks & Recreation Dept. We do have limited seating for this program.

**AGES: 55+**

**DATE: Monday, April 20, 2020**

**TIME: 6:30 PM - 9 PM**

**LOCATION: Community Center**

**FEE: Free**

## AARP Smart Driver Course

The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned. This 8 hour class is broken into two 4-hour sessions.

**AGES: 55+**

**DATE: Tuesday, April 7 & Wednesday, April 8, 2020**

**TIME: 9 AM - 1 PM**

**LOCATION: Community Center**

**FEE: \$15 AARP Member / \$20 Non-member**

## Healthy Steps for Older Adults

Healthy Steps for Older Adults was developed by the Fall Prevention Initiative of the Pennsylvania Department of Aging, and is an evidence based falls prevention program for adults ages 50 and over. The program is designed to raise participants' knowledge and awareness, introduce steps they can take to reduce falls and improve their health and well-being, and provide referrals and resources. Healthy Steps for Older Adults is a unique, comprehensive, community-based falls prevention program. *Registration is required for this program and no walk-ins will be taken. This program is being offered through a partnership between the Bucks County Area Agency on Aging (BCAAA) and The Pennsylvania Department of Aging. To register go to [www.bcaaa-uppersouth-eventbrite.com](http://www.bcaaa-uppersouth-eventbrite.com) or call the BCAA main number at 267-880-5700 and ask to register for Healthy Steps.*

**AGES: 50+**

**DATE: Tuesday, May 5 and Tuesday, May 12, 2020**

**TIME: 9:00 AM - 12:00 PM**

**LOCATION: Community Center**

**FEE: Free**

## AARP Safe Driver Refresher Course

Take the AARP Safe Driver™ Course and you could reduce your overall maintenance and car insurance costs!

- Refresh your driving skills and learn the new rules of the road.
- Learn research-based driving strategies to help you stay safe behind the wheel.

After attending this, you can qualify for a multiyear discount on your auto insurance! (Consult your auto insurance agent for details). Space is limited, so register online now The classroom course costs \$15 for AARP members and \$20 for non-members. This is the refresher course. It takes place during one four hour session. You need to be present for the entire four hours. You need to have previously completed the standard 8hr course to be eligible for the refresher course.

**AGES: 55+**

**DATE: Wednesday, May 6, 2020**

**TIME: 9 AM - 1 PM**

**LOCATION: Community Center**

**FEE: \$15 AARP Member / \$20 Non-member**

**REGISTER ONLINE!  
USTWPREC.COM**



## Breathe, Stretch & Meditate

This class is designed to help you reduce stress and anxiety. We will do gentle movements to create strength, flexibility and better balance. Class will end with a guided meditation. This class can be done in a chair or on the floor with a yoga mat.

**DATE: January 13 - March 2, 2020**

**March 9 - April 20, 2020**

**TIME: Mondays, 9 AM - 10 PM**

**LOCATION: Community Center**

**FEE: \$70/session**

## Total Body Fitness for Seniors

Have fun while experiencing many physical, mental and social benefits! Improve aerobic endurance, muscular strength, balance and coordination while reducing stress. The instructor Tiffany Fite has her BS in exercise science and has been teaching all types of fitness classes for 30 years. For more information please visit [www.fitefitnessconsultants.com](http://www.fitefitnessconsultants.com)

**DATE: March 5 - May 21, 2020**

**TIME: Thursdays, 11:30 AM - 12:30 PM**

**LOCATION: Community Center**

**FEE: \$94 Res. / \$110 Non-Res.**

## Seniors Rock!

Increase your energy and productivity! This program focuses on maintaining a dynamic senior lifestyle. This motivational class includes gentle exercise routines and will touch on a variety of topics for day to day life on maintaining social interaction, staying active, stretching and exercise with discussions on health concerns, memory issues, adequate nutrition, supplements and finding joy in every day!

**SESSION: January 14 - January 28, 2020**

**SESSION: February 11 - February 25, 2020**

**SESSION: March 10 - March 24, 2020**

**SESSION: April 14 - April 28, 2020**

**TIME: Tuesdays, 1:00 PM - 2:00 PM**

**LOCATION: Newtown Township Administration Building**

**FEE: \$21 Res. / \$25 Non-Res.**



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### Mobility & Stability for Older Adults

Has an injury set you back? Have you ever felt insecure in your balance? Do you struggle putting on your shoes or doing other daily tasks that used to be easy to do in the past? This may be due to an improvable mobility or stability issue. Michael Katz is a certified Mobility Specialist through the American Council of Exercise. This Mobility/Stability Seminar will help you get back on track towards moving like you used to. Sign up below to start feeling better.

**Session 1: March 4 - March 25**

**Session 2: April 1 - April 29**

**TIME: Wednesdays, 5:30 PM - 6:30 PM**

**LOCATION: GetMadFit Studio @ Mad Golfer Golf Club**

**FEE: \$60 Res. / \$75 Non-Res.**

### Senior Golf Clinic

For those 60 and over. Gain that distance you lost. Understand how the golf swing works and how you can make your golf swing repeatable. Small groups are a great place to socialize as well as learn. We use simple solutions and drills to achieve better ball contact and control. From grip to stance to swing. We teach based on your level. Golf is fun, but making the same mistakes over and over again can be frustrating. Mad golfer lesson packages build on one another, so your game keeps getting better.

**SESSION 1: April 7 - April 28**

**SESSION 2: May 5 - May 26**

**TIME: Tuesdays, 5:30 PM - 6:30 PM**

**LOCATION: Mad Golfer Golf Club**

**FEE: \$119 Res. / \$149 Non-Res.**

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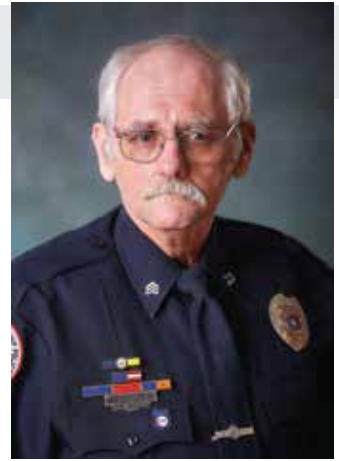
The Police Department is continuing to be a leader in the State by achieving re-accredited status for the second time by the PA Chiefs of Police Law Enforcement Accreditation Commission. Department members continue to save lives through valuable training in CPR/AED usage and administration of Narcan. Officer Ferry has recently been certified as an Emergency Medical Technician.

Officer Gale has been trained in TEAM (Teaching, Educating and Mentoring) school liaison program and devotes many hours in mentoring our children in the area schools and also through our Youth Aid Panel for first time juvenile offenders. The Department will be receiving a mobile license plate reader from a grant by the Bucks County Chiefs Strategic Planning Committee. Our website was migrated into CrimeWatch platform which integrates with our Facebook, Twitter and Instagram accounts to communicate through social media. In 2020 we hope to restore the Police K9 program with the addition of a narcotics dog. The Department also formed a community foundation entitled Upper Southampton Police Community Enhancement Foundation. Most of all we love protecting this community who provides unwavering support for the Police Department.

### Thank You for Serving Our Community

#### RETIRED POLICE OFFICER

On December 31, 2019, Sgt. John Costello retired after 45 years of service with the Upper Southampton Township Police Department. John worked his entire career in patrol and was promoted to Sergeant in July of 2002. He retired as the team leader for the negotiator element of the South Central SERT. Sgt. Costello was also a member of the Buck County Crisis Intervention Team and an instructor for the Bucks County Crisis Intervention Training. He was a founding member of the Trevoise Heights Rescue Squad and past President of the Tri Hampton Rescue Squad. Sgt. Costello's famous saying, "Let's be careful out there" and his dedicated service will be missed.



### Welcome to Our Newest Officer

#### NEW POLICE OFFICER

On February 25, 2019, The Upper Southampton Township Police Department hired Tiffany Goddard, from Philadelphia, PA as a police officer. She is a 2009 graduate of Bensalem High School and attended Bucks County Community College. She was president of the literature club. Previously she was a police officer in Philadelphia, who worked in a center city district. Tiffany is married and has a son. We wish her a long and prosperous career in Upper Southampton.





## Department of Emergency Management

### Snow Emergency Parking Restriction Reminder

As winter approaches, the Department of Emergency Management would like to remind residents of the parking restrictions during "Declared Snow Emergencies". Although not every snowfall requires a Snow Emergency Declaration, there are storms that produce significant snow accumulation hindering the movement of traffic to the extent that it is necessary for the Township to declare a "Snow Emergency." Once a Snow Emergency is declared, residents are required to remove all vehicles from all Township streets during the snow emergency. Information on the existence of a snow emergency will be given through the Township website at [www.ustwp.org](http://www.ustwp.org), the Township facebook page, radio stations, newspapers, and other available media. Residents are asked to check this media during snow fall to keep up with current information.

**Help us help you this winter!**

Parking is prohibited on snow emergency routes during the declared snow emergency. All streets in the Township of Upper Southampton are designated as snow emergency routes. After a snow emergency is declared, it shall be unlawful, at any time during the continuance of the snow emergency, for any person to park a motor vehicle or to allow that vehicle to remain parked anywhere on any Township street. The police department is authorized to issue parking citations and remove vehicles parked on any Township street during a snow emergency.

Thank you for your cooperation.



## Stormwater Management

### Three things you should know about Stormwater Runoff.

#### 1. Stormwater runoff can cause a number of environmental problems:

- Fast-moving stormwater runoff can erode stream banks, damaging miles of aquatic habitat.
- Stormwater runoff can push excess nutrients from fertilizers, pet waste and other sources into rivers and streams. Nutrients can fuel the growth of algae blooms that create low-oxygen dead zones that suffocate marine life.
- Stormwater runoff can push excess sediment into rivers and streams. Sediment can block sunlight from reaching underwater grasses and suffocate shellfish.
- Stormwater runoff can push pesticides, leaking fuel or motor oil and other chemical contaminants into rivers and streams. Chemical contaminants can harm the health of humans and wildlife.
- Stormwater runoff can also lead to flooding.

#### 2. What happens to a drop of rain when it falls onto the ground?

- It may land on a tree and evaporate;
- it may land on a field and soak into the soil; or
- it may land on a rooftop, driveway or road and travel down the street into a storm drain or stream.

#### 3. How you can minimize runoff

- Minimize impervious surfaces on your property
- Line impervious surfaces with gravel trenches.
- Install rain barrels to collect water that drains off your roof to irrigate landscape beds and lawns
- Replace lawn areas with native plants.
- Add organic matter to your soil.
- Don't leave soil exposed.
- Plant trees and preserve existing ones.
- Don't create runoff when washing your car.
- Create a rain garden.
- Reduce the slope of your yard.
- Install berms and vegetated swales.

**Precipitation that does not evaporate or soak into the ground but instead runs across the land and into the nearest waterway is considered stormwater runoff. Increased development has made stormwater runoff (also called polluted runoff) the fastest growing source of pollution.**



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