

# USPR PARKS & RECREATION

## 2020 FALL PROGRAM GUIDE

# DOG ADOPTION DAY

EVENT FUNDRAISER TO BENEFIT

PHILLY  BULLY TEAM

COME OUT AND FIND YOUR NEW BEST FRIEND!

RAFFLE  
FUNDRAISER  
DONATIONS NEEDED!

ADOPTABLE  
DOGS

JOIN US SATURDAY,  
SEPTEMBER 26, 2020  
FROM 11AM-2PM

AT TAMANEND PARK  
1255 SECOND STREET PIKE  
SOUTHAMPTON, PA 18966



WWW.BAKENBACON.COM  
FOOD TRUCK

LOCAL VENDORS  
AND ARTISANS

TWO OF A KIND  
BAND AT 12PM

PHILLY  
BULLY  
TEAM 

SHOW SUPPORT ONLINE:  
WEB: [PHILLYBULLYTEAM.COM](http://PHILLYBULLYTEAM.COM)  
INSTAGRAM & FACEBOOK:  
[@PHILLYBULLYTEAM](https://www.instagram.com/PHILLYBULLYTEAM)

Visit [ustwprec.com](http://ustwprec.com) or contact us for more information.

UPPER  
SOUTHAMPTON  
  
PARKS & REC

Raffle Basket Donations Needed  
Vendors and Artisans Wanted - No Fees

If you are interested in participating please contact Alex McNickle.  
Phone: 215-355-9781 • Email: [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org)

## Register Now!

### Registration Forms

Registration forms can be found and completed online at our website [ustwprec.com](http://ustwprec.com).

### Online

#### [www.ustwprec.com](http://www.ustwprec.com)

Create a household account, then add members to register the whole family for different programs we have available. Online payments can be made through credit cards\*

\*Credit card information is not stored for further payments. We accept Visa, Mastercard, Discover & American Express.

### In Person

Registration forms may also be printed and brought into the office to be processed. The forms and payments can be dropped off at the Parks and Recreation Department office, located at the Community Center, 913 Willow Street, Southampton, PA.

## Donations Needed

### Games Needed!

Donations of new or gently used games or other recreational activities are very much appreciated. Please bring all donation items to the Community Center.

### Raffle Basket Donations Needed!

Donate a raffle basket to benefit Philly Bull Team during our annual Dog Adoption Day on Saturday, September 26, 2020.

To donate a raffle basket, please contact Alex McNickle at [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org) or (215)-355-9781.

## Employment Opportunities

### Instructors Wanted

Do you have a hobby or skill you love and want to share with the Community? Upper Southampton Township is looking for instructors for new programs. We welcome you to apply and teach! Please submit a short description of the class or activity you would like to offer, photos of your work, if possible, and your contact information to [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org) or mail to Upper Southampton Township Parks and Recreation, 913 Willow Street, Southampton, PA 18966.

## Contact Us

### Address:

913 Willow Street  
Southampton, PA 18966

**Phone:** (215)-355-9781

**Fax:** (215)-355-4093

**Website:** [www.USTWPREC.com](http://www.USTWPREC.com)

### Office Hours:

Monday-Friday 8:00 AM - 4:30 PM

### Follow us on Social Media:



Facebook.com/ustpr



Instagram: @ustpr

## Our Staff

Parks and Recreation Director:  
Alexandria McNickle

**Email:** [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org)

**Phone:** (215)-355-9781

Parks and Recreation Facilities  
Coordinator: Ray Horn

**Email:** [rhorn@ustwp.org](mailto:rhorn@ustwp.org)

**Phone:** (215)-355-9781

### Park and Recreation Advisory Board

Patricia Myers, Chairman  
Walter Shead, Vice Chairman  
Rick Grillone, Member  
Dominic Cintofanti, Member  
Andy Pickford, Member



## Township Facilities

### Township Municipal Building

939 Street Road  
Southampton, PA 18966

### Southampton Free Library

947 Street Road,  
Southampton, PA 18966

### Schaefer Field

Gravel Hill Rd. near Industrial Blvd  
Southampton, PA 18966

**Facilities:** baseball fields, softball fields, soccer fields, snack bar

### Veterans Field

400 Street Rd.  
Southampton, PA 18966

**Facilities:** soccer fields, playground, snack bar

### Community Center & Recreation Office

913 Willow Street  
Southampton, PA 18966

**Facilities:** baseball fields, basketball courts, walking path, playground, tennis court, gymnasium, football field, office, meeting room, snack bar

### Tamanend Park

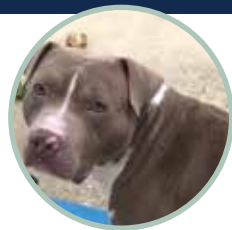
1255 Second Street Pike  
Southampton, PA 18966

**Facilities:** softball fields, Lion's Grove stage, snack bar, tennis courts, sand volleyball court, playground, horseshoe pit, disc golf course, gaga court, bocce ball court, pavilions, fireplace, Carriage House, Farmhouse, office

## FREE EVENT - Vendors and Artisans Wanted!

Join us for Dog Adoption Day on Saturday, September 26, 2020. No fees to have a table! All vendors and artisans keep what they make.

**If you are interested in participating as a vendor, please contact Alex McNickle at [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org) or (215)-355-9781.**



## Board of Supervisors

Upper Southampton Township is a second class township of the Commonwealth of Pennsylvania. It is governed by a Board of Supervisors consisting of five elected members who serve six-year terms. The Board meets for regular public meetings the Second Tuesday of each month at 6:30PM in the Southampton Free Library, Lower Level Meeting Room, 947 Street Road, Southampton.

This five-member board appoints a manager to oversee the daily operation of government. The supervisors enact, by majority vote, ordinances and resolutions, levy taxes, approve land development plans, approve all expenditures and budgets, approve the hiring and/or termination of all township employees, and make appointments to advisory boards, committees, and commissions which serve the township.

### Board of Supervisors

- Raymond M. Grossmuller, 2022 Chairman**
- Marguerite C. Genesio, 2024 Vice-Chairman**
- Stephen A. Wallin, 2026 Secretary/Treasurer**
- Keith E. Froggatt, Sr., 2022 Asst. Secretary/Treasurer**
- Thomas A. McCullough, 2026 Member**

**Term:** 6 Year Term - the term expires on the first Monday in January of the year next to the member's name listed above.

## Township News

On August 31, 2020, Joseph Golden retired as Township Manger after 20 years of service in Upper Southampton and after 42 years of local government service in three other municipalities. During his tenure in Upper Southampton, he oversaw the construction of Veterans Field, a new Township park built in 2012, which comprises a veterans memorial, lighted soccer fields, playground, walking trails and a concession/restroom building, the rebuilding and new construction of the stormwater infrastructure with noticeable results in the reduction of flooding in flood prone areas, removal of several residential dwellings from the flood plain, acquisition of over 52 acres of land for open space and recreation, creation of a summer recreation program, and the approval process of many residential and commercial land development applications. He and his wife Terrie will be relocating to Virginia to be closer to their children and grandchildren.



Joseph Golden

Longtime Solicitor Don Williams will be taking over the reigns as Township Manager effective September 1st. Don and his wife Sharon have been residents of the township since 1987 and have been practicing municipal law in Bucks County for over 33 years. Don looks forward to taking on a new role in the township and appreciates the opportunity to serve the residents of Upper Southampton.

## Upper Southampton Township Police Department

The Upper Southampton Township Police Department recently hired a new officer and promoted a new Sergeant. Officer Laura Jackson was hired on February 2, 2020 and Officer Scott Hartranft was promoted to Sergeant January 1, 2020.

Laura Jackson is 24 years old from Doylestown, PA. She is a 2014 graduate of Central Bucks East where she was on track and was the captain of the field hockey team. Laura graduated from the University of New Hampshire in 2019 with a BA in chemistry. She wanted more of the forensics aspect of chemistry which really wasn't a concentration at her college. While in college she attended a citizen's police academy which peaked her interest in police work. After college she attended the Montgomery County Police Academy and graduated in 2019. Before working with Upper Southampton Township Police she was the assistant track coach for Central Bucks East and has worked part time as a camp counselor and front desk assistant for a fitness center and ice hockey rink. Laura likes to read, run, fish and kayak. She resides in Doylestown with both of her parents.



Middle: Officer Laura Jackson



Sergeant Scott Hartranft

Sergeant John Costello retired December, 2019 after serving 45 years with the Upper Southampton Township. Officer Scott Hartranft was then promoted to Sergeant on January 1, 2020. He grew up in Southampton and graduated from William Tennent High School and earned a degree in criminal justice from Kutztown University. Scott is married to his wife Lauren. Prior to being hired, he was a supervisor of security at Doylestown Hospital and then a part time police officer in both Newtown Borough and Hulmeville Borough. In July 2001 he was hired as a full time officer here in Upper Southampton Township. Sergeant Hartranft has extensive training in accident investigation enabling him to be classified as an accident reconstructionist. He is also our abandoned vehicle specialist. Scott has also been an Officer in Charge for the past 10 years. We wish him luck in his new position.



# Penn State Extension educator offers advice on insecticide use for lanternflies

Amy Duke | June 25, 2020

UNIVERSITY PARK, Pa. – As summer progresses – and spotted lanternflies make themselves at home just about anywhere, including on residential properties – frustrated homeowners might find themselves wrestling with the idea of using insecticides to vanquish the insect interlopers.

Before doing so, homeowners should do their research, weigh the pros and cons, and seek professional advice if needed, according to a Penn State Extension educator based in Montgomery County who is all too familiar with the destructive pest.

“Like other residents living in one of the 26 Pennsylvania counties impacted by spotted lanternfly, I worry about how these pests might affect the health of my plants and interfere with my ability to enjoy outdoor living space,” said horticulture educator Emelie Swackhamer when talking about the spotted lanternfly, a planthopper that feeds on agricultural commodities and plants in natural habitats, parks and backyards.

“So, I understand why people are willing to do anything to get rid of them, including using insecticides,” she said. “We encourage everyone first to try nontoxic, effective options, including mechanical methods such as smashing or trapping, but sometimes an insecticide application is warranted.”

However, because there are safety, environmental and sometimes regulatory concerns that accompany the use of insecticides, she offered the following tips to help homeowners in making their decision:

Only use registered insecticides. Recipes for homemade sprays made from cleaning, automotive, cooking or other household products might be more harmful to the environment or your plants than people realize. Insecticides that are registered with the Environmental Protection Agency have been tested for safety and efficacy.

In Pennsylvania, the site where you plan to use an insecticide must be listed on the product label. For example, if you want to spray an insecticide on an ornamental tree, the product label has to say that it is registered for use on ornamental trees. If you want to spray an insecticide on a grape vine, the product label must say that it is registered for use on grapes.

Swackhamer warned against the use of home remedies such as cleaning and other household supplies as they can be unsafe for humans, pets, wildlife and plants. In some cases, the application of home remedies may be illegal.

Read the label and follow all directions. Consumers can find labels for insecticides online and read them before buying anything. Some labels are formatted as booklets, which are taped onto the side of the product container. Read all the information thoroughly before using the insecticide.

Swackhamer suggests using a highlighter to mark the specific directions for the way that the product will be used, which will make it easier to go back and find the right section when it is time for a reapplication.

Choose the least toxic insecticide that is effective. When choosing an insecticide, Swackhamer recommends looking for products that include a logo from the Organics Material Review Institute (OMRI) on their label. “OMRI Listed” products are allowed for use in certified organic operations under the USDA National Organic Program.

Another way to compare toxicity between insecticides is to look for the signal word, which is required to be prominently displayed on the front of most insecticide product labels. Most insecticides have one of three signal words on the label, Swackhamer pointed out.

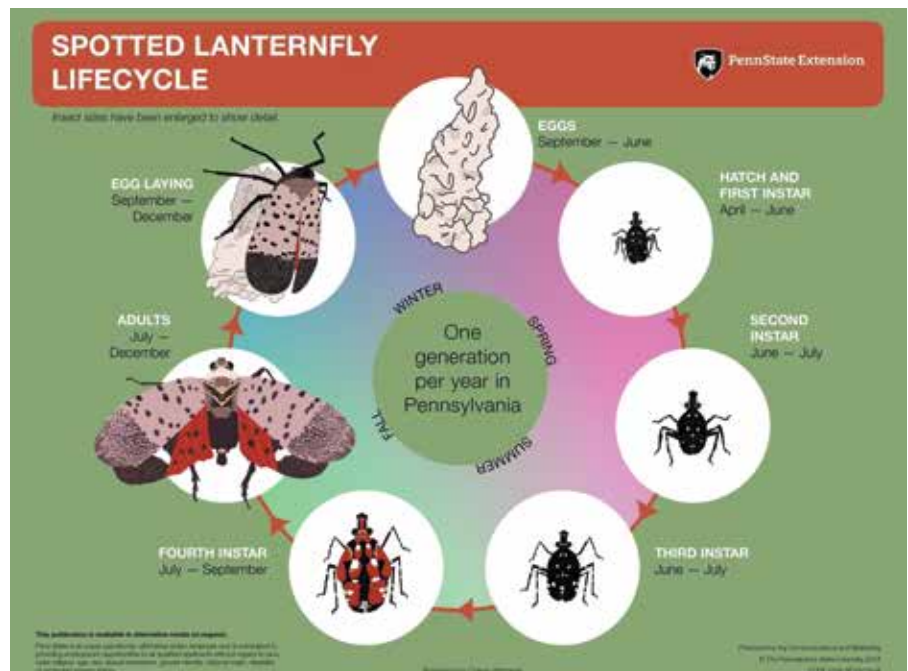
“Caution” appears on insecticides with lower toxicity, “Warning” appears on insecticides that have medium toxicity, and “Danger” appears on insecticides with the highest toxicity or greatest risk to eyes or skin. Some insecticide labels display “Danger: Poison” with a skull-and-crossbones symbol because they are extremely toxic.

Protect against insecticide exposure. When using any insecticide, follow the label directions and use safe practices. Use appropriate, properly functioning application equipment, and wear the recommended protective clothing and gear.

“People who want to kill spotted lanternflies effectively and safely with insecticides must follow directions carefully and plan ahead,” Swackhamer said. “Every situation is different; no one method will work for everyone. Remember, all insecticides present safety risks, and you need to use them carefully.”

**More recommendations on spotted lanternfly control are available on the Penn State Extension website at <https://extension.psu.edu/spotted-lanternfly-management-for-homeowners>.**

**Credit: Penn State College of Agricultural Sciences/Penn State Extension. Illustrations by Colleen Witkowski.**







## Friends of Tamanend Park

**Our Mission:** The mission of the Friends of Tamanend is to maintain, conserve, and protect the unique natural and historic features of Tamanend Park.

You are cordially invited to our monthly meetings. Meetings are held in the Farmhouse on the third Tuesday of every month at 7 PM.

Visit our website to get involved:  
[FriendsofTamanend.org](http://FriendsofTamanend.org)



## Park Gifts Program

Support our parks through giving. Our Parks Gift Program offers a great way to honor the special people and milestones in your life. Your contribution will enhance the beauty of the park and allow you to memorialize loved ones or special events. The park gift program includes benches, trees and shrubs and plaques. **For more information please call the park office at (215)-355-9781.**

## Tamanend Park Herb Garden Club

The Tamanend Park Herb Garden Club was started in the summer of 1983 by four residents of Upper Southampton Township who were interested in the various aspects of herb gardening and herb use. The Herb Club now has over 60 members!

The Herb Garden Club meets on the third Wednesday of each month from January through November. Meetings start at 7:00 PM with a brief review of monthly business, followed by a guest speaker, or a group activity. Dues are \$10 a year.

For more information visit us on Facebook @ Tamanend Park Herb Gardening Club or email [tamanendparkherbclub@comcast.net](mailto:tamanendparkherbclub@comcast.net)



## Parks Partners Program

Parks Partners is a Parks and Recreation initiative that enables groups, individuals and businesses to assist with improvement projects and maintenance of Upper Southampton parks. Parks Partners will work with the Park's staff to keep the parks clean, attractive and safe. Donations can also be made by check, payable to Upper Southampton Township. **To get involved, email Alex McNickle at [amcnickle@ustwp.org](mailto:amcnickle@ustwp.org).**

### PARK GIFTS ORDER FORM

Date \_\_\_\_\_

Name \_\_\_\_\_

Business (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

ST \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

The Park & Recreation Board will determine placement of items in park.

#### Park Patron Contribution

\_\_\_\_ Individual/Family Patron      \$150.00  
 \_\_\_\_ Business Patron                 \$300.00

#### Tress & Shrubs Donation

\_\_\_\_ Native Tree                         \$700.00  
 \_\_\_\_ Flowering Tree                     \$500.00

#### Bench Donation

\_\_\_\_ Park Bench                         \$500.00  
 with bronze plaque

Inscription: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

If donating multiple quantities, please attach specific instructions for the plaque inscription of each item.

Amount Enclosed \_\_\_\_\_ Check # \_\_\_\_\_

**Return this form with check(s) made payable to:**  
 Upper Southampton Township

#### Mail To:

Upper Southampton Parks & Recreation  
 913 Willow Street, Southampton, PA 18966

COME & SEE WHAT

*Your Community*  
 HAS TO OFFER!

### Dog Adoption Event with Philly Bully Team



Join us for our annual dog adoption day to benefit Philly Bully Team. Our event sponsor will be offering many adoptable dogs, but this free family event is much more than an adoption day! All are welcome to partake and support a great cause! There will be a band at 12PM, food for purchase, vendors and artisans with wonderful goods for sale, and the highlight of the event will be the raffle baskets!

**PHILLY BULLY TEAM**

#### Vendors and Artisans Wanted!

No fees to have a table! All vendors and artisans keep what they make.

#### Raffle Basket Donations Needed!

Donate a raffle basket to benefit Philly Bully Team. If you are interested in participating as a vendor or donating a raffle basket, please contact Alex McNickle at amcnickle@ustwp.org or (215)-355-9781.

**DATE: Saturday, September 26, 2020**

**TIME: 11:00 AM - 2:00 PM**

**LOCATION: Tamanend Park**

### Township-wide Yard Sale

Are you interested in reducing, reusing, up-cycling or decluttering items found in your home? All Upper

Southampton residents are invited to participate in a township-wide yard sale. You can participate

by registering on our website at [www.ustwprec.com](http://www.ustwprec.com) - An interactive map with all participating addresses will be posted on our website. This event will be advertised.



**DATE: Saturday, October 3, 2020**

**TIME: 8:00 AM - 1:00 PM**

**LOCATION: Upper Southampton Township**



### Halloween Movie Night

Come join us for a thrilling good time as we enjoy a classic Halloween movie in the park. Bring the family, invite the friends. We'll be showing Hocus Pocus. This event will be weather dependent.

**DATE: Saturday, October 24, 2020**

**TIME: Dusk (approx 7pm)**

**LOCATION: Tamanend Park**

### American Red Cross Blood Drive

Upper Southampton Parks & Recreation is Partnering with The American Red Cross for a Blood Drive on Thursday, October 29th.



Every two seconds someone in the United States needs blood. Right now, there is a significant shortage of blood for hospital patients and the American Red Cross has issued an emergency request for people to donate. You can help. Giving blood doesn't require much time, in an hour and one pint of blood you can save three lives. Join us to help.

Schedule your appointment at <https://www.redcrossblood.org/give.html/find-drive> and use code UpperSouth.

**DATE: Thursday, October 29, 2020**

**TIME: 3PM - 8PM**

**LOCATION: Community Center**

### Fall Art Show

A group of local artists will be exhibiting works of art on Saturday, November 21, 2020 at the Community Center.



Original paintings in watercolor, oil, pastel and acrylic, along with portfolio paintings, prints and cards will be for sale. Come shop, browse and enjoy.

**DATE: Saturday, November 21, 2020**

**TIME: 9AM - 4PM**

**LOCATION: Community Center Meeting Room, 913 Willow Street**

### Jingle Through Southampton Holiday House Tour

**Do you think you have the best Holiday decorations and lights in Southampton? Let's find out!**

**Registration:** Register your house through our website [www.USTWPREC.com](http://www.USTWPREC.com). Registration will close on Thursday, December 10th at 4:30pm.

**Voting:** We will create a map for Southampton residents to follow and see all the houses registered and then they will take a vote. A link to Vote for your favorite house will be posted on our website on December 11th. Voting will open Friday, December 11 and close Sunday, December 20.

**Winner:** Winner will be announced the week of December 21st. Winners will receive a prize.



### Upcoming Events

#### Center for Aquatics Virtual Program

Please refer to our online calendar at <https://www.southamptonfreelibrary.org/> for presentation details and the Zoom meeting ID and password.

**DATE: Saturday, September 19, 2020**

**TIME: 11 AM**

#### Elmwood Park Zoo Virtual Program

Please refer to our online calendar at <https://www.southamptonfreelibrary.org/> for presentation details and the Zoom meeting ID and password.

**DATE: Saturday, October 3, 2020**

**TIME: 11 AM**

### Doylestown Health Virtual Community Education with Doylestown Health

#### Virtual Community Education with Doylestown Health

In place of in-person classes, Doylestown Health is offering FREE virtual classes for the community. Topics include nutrition, wellness, mental health, childbirth and more.

**Check [www.USTWPREC.com](http://www.USTWPREC.com) for links to activities dedicated to preventing illness and empowering the community to live healthier lives.**

UPPER SOUTHAMPTON TOWNSHIP PRESENTS

**Jingle through Southampton**

**Holiday House Tour**

Register your house through December 10th

Voting Open December 11 - December 20

Winner will receive a prize!

For more information visit [www.USTWPREC.COM](http://www.USTWPREC.COM)



Renting a Facility is as easy as 1... 2... 3...

## Indoor Rentals



**Farmhouse** (45 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-6 foot tables;  
One-8 foot table; 55 chairs  
Res. \$40/hr | Non. \$50/hr



**Carriage House** (60 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-6 foot tables; 60 chairs  
Res. \$50/hr | Non. \$60/hr



**Meeting Room** (150 Person Maximum)  
913 Willow Street, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: Twelve-8 foot tables; 130 chairs  
Res. \$50/hr | Non. \$75/hr



**Gymnasium** (300 Person Maximum)  
913 Willow Street, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Res. \$100/hr | Non. \$150/hr



Facility Rentals for your NEXT EVENT

## Outdoor Rentals



**Picnic Pavilions** (100 Person Maximum)  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 8 AM to 10 PM  
Includes: Ten-picnic tables  
Res. \$75/day | Non. \$125/day



**Lion's Grove Amphitheater**  
1255 Second Street Pike, Southampton, PA  
Monday thru Sunday - 9 AM to 10 PM  
Includes: electric and bathrooms  
Res. \$25/hr | Non. \$50/hr

## Athletic Field Rentals



**Veterans Field - Athletic Field**  
400 Street Road, Southampton, PA

**Tamanend Park Athletic Field**  
1255 Second Street Pike, Southampton, PA

**Schaefer Field - Athletics Fields**  
Gravel Hill Road, Southampton, PA

Day: \$50/Game or \$25/hr/field  
Night: \$75/Game or \$50/hr/field  
Includes: lights and bathrooms

## To Book a Facility:

### 1. Choose your location

Whether you view images online, or decide to visit the office to view the spaces yourself, determine the best location for your next event. You can check the availability of your desired facility online or by calling the park office (215-355-9781). Rentals are scheduled on a first come first serve basis.

### 2. Complete Rental Forms

The forms necessary to rent one of our facilities can be found online at [www.ustwprec.com](http://www.ustwprec.com). A Facility Use/Rules And Regulations Application must be completed and submitted with payment to the Parks' Office.

### 3. Rental Fees

Rental fees must be paid in full at the time of booking. There is a minimum rental of four hours at each location. A security deposit must also be made at the time of booking. This separate check will only be cashed if damage has taken place or facility has been left in bad condition. A full refund of rental fee and security deposit will be issued if cancellation is made more than 30 days before scheduled rental.

### Security Deposits:

Gym: \$150

Pavilions: \$250

All other facilities: \$100

For more information call the Parks' Office at (215)-355-9781 or visit us online at [ustwprec.com](http://ustwprec.com).



## Programs for Tots Ages 0-5

### Pee Wee Picasso's

Arts & Crafts time with your little ones without all the mess in your house! Join us for some artsy fun from coloring to painting to all the things your little tots love. Each session has a different theme and crafts.

**AGES: 2-5**

**DATE: Tuesday, August 25, 2020**

**Tuesday, September 22, 2020**

**Tuesday, October 27, 2020**

**Tuesday, November 17, 2020**

**Tuesday, December 15, 2020**

**TIME: 11:00 AM - 11:45 AM**

**LOCATION: Community Center**

**Meeting Room**

**FEE: \$5 Res. / \$7 Non-Res.**

### Lil' Explorers

Bring your little ones to explore Tamanend Park. We'll read a story, then take a fun-filled nature hike to try to see some new and different friends. We'll meet at the Carriage House, 1255 2nd Street Pike, Southampton, PA 18966

**AGES: 2-5**

**DATE: Thursday, September 10, 2020**

**Thursday, October 8, 2020**

**TIME: 11:00 AM - 11:45 AM**

**LOCATION: Carriage House at**

**Tamanend Park**

**FEE: \$5 Res. / \$7 Non-Res.**

### Super Soccer Stars (3-4)

Join Super Soccer Stars for a 6-week soccer program starting Saturday, October 3! The program will run every Saturday until November 7. They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Camper must bring their own ball due to sanitary reasons.

**AGES: 3-4**

**DATE: October 3 - November 7**

**TIME: Saturdays, 9 AM - 9:45 AM**

**LOCATION: Tamanend Park**

**FEE: \$135**

## Dance Classes for Tots

### Ballet for Tots

Students will learn all the basics it takes to be a ballerina. This class will enhance the child's rhythm, balance, coordination, flexibility and posture. The children will also dance to song and dance routines. Ballet Shoes Required.

### Ballet/Tap Combo

Students will learn all the basics to be a ballerina and a tap dancer. Classes will enhance rhythm, coordination, balance, flexibility and posture. Ballet/Tap Shoes Required.

**AGES: 3-5**

**DATE: October 5 - November 9**

**Ballet for Tots:**

**Mondays, 5:00 PM - 5:45 PM**

**Ballet/Tap Combo:**

**Mondays, 5:45 PM - 6:30 PM**

**LOCATION: Carriage House**

**FEE: \$70**

## Crayola Wild World

Explore the wonder and beauty of the animal kingdom! Learn about lions, elephants, sharks and more and how wildlife conservationists work to protect species around the world. We will experiment with a variety of art techniques, and use Crayola® materials to create frog paintings, ink-diffusion jellyfish, polar bear sculptures, and more!

**AGES: 2-5**

**DATE: October 6 - November 17**

**TIME: Tuesdays, 5:30 - 6:30 PM**

**LOCATION: Tamanend Park Carriage House**

**FEE: \$125**

**\*No Class November 3**

**DO YOU  
HAVE A NEW  
PROGRAM  
IDEA?**

**Let Us Know!**

**CALL  
215-355-9781**

## Programs for Youth Ages 6-12

### Super Soccer Stars (5-7)

Join Super Soccer Stars for a 6-week soccer program starting Saturday, October 3! The program will run every Saturday until November 7. They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Camper must bring their own ball due to sanitary reasons.

**AGES: 5-7**

**DATE: October 3 - November 7**

**TIME: Saturdays, 10 AM - 11 AM**

**LOCATION: Tamanend Park**

**FEE: \$135**



### Super Soccer Stars (8-10)

Join Super Soccer Stars for a 6-week soccer program starting Saturday, October 3! The program will run every Saturday until November 7. They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Camper must bring their own ball due to sanitary reasons.

**AGES: 8-10**

**DATE: October 3 - November 7**

**TIME: Saturdays, 11:15 AM - 12:15 PM**

**LOCATION: Tamanend Park**

**FEE: \$135**

### Slime Time

Let's get ready to SLIME!

Get your hands dirty trying all different types of slime recipes from normal slimy slime to glow-in-the-dark slime to magnetic slime, the possibilities are endless!



**AGES: 8-15**

**DATE: Thursday, September 24**

**Thursday, October 8**

**Thursday, November 19**

**Thursday, December 17**

**TIME: 6PM - 7PM**

**LOCATION: Community Center**

**FEE: \$5 Res. | \$7 Non-Res.**



Follow us on Instagram: [Instagram.com/USTPR](https://www.instagram.com/USTPR)

## Karate

The Action Karate "Fitness Based Character Development Course" combines martial arts lessons and lessons on positive life skills, including focus, self-control, respect, confidence and balance. A graduation ceremony will be held on Saturday October 24th. Register by Friday September 25th

**AGES: 4-6**

**DATE: October 3 - October 24**

**TIME: Saturdays, 12:00 PM - 12:30 PM**

**LOCATION: Community Center**

**Meeting Room**

**FEE: \$39**

**AGES: 7+**

**DATE: October 3 - October 24**

**TIME: Saturdays, 12:30 PM - 1:00 PM**

**LOCATION: Community Center**

**Meeting Room**

**FEE: \$39**

## Minds in Motion Solar Science Kit

Build and take home your very own 7 in 1 Rechargeable Solar Transformer! This innovative solar science kit will encourage you to exercise your sense of creativity and imagination. A great starter for those new to robotics.

**AGES: 7-11**

**DATES: November 7 - December 12**

**TIMES: Saturdays, 12:00 PM - 1:00 PM**

**LOCATION: Farmhouse at Tamanend Park**

**FEE: \$115**

## Instructors Wanted!

Do you have a hobby or skill you love and want to share with the Community? Upper Southampton Township is looking for instructors for new programs. We welcome you to apply and teach! Please submit a short description of the class or activity you would like to offer, photos of your work, if possible, and your contact information to amcnickle@ustwp.org or mail to Upper Southampton Township Parks and Recreation, 913 Willow Street, Southampton, PA 18966.

## Programs for Teens Ages 12-18

### Teen Advisory Board

Teens, We Need You!

The Parks & Rec Department is looking for teens (13-18) to help us brainstorm and plan your kind of public programs as well as advise us on events you'd like to see from USPR. You can earn community service hours and we'll also provide snacks!

**AGES: 13-18**

**DATE: Tuesday, September 15, 2020**

**TIME: 6PM - 7PM**

**LOCATION: Community Center**

### Zumba

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

**DATE: October 8 - November 19**

**TIME: Thursdays, 7:00 PM - 7:45 PM**

**LOCATION: Community Center**

**FEE: \$65 RES. | \$75 NON-RES**

**\*No Class October 29**

### Car Care 101

Learn all the basics about car care from how to change your car's oil to filling your window washer fluid. We'll learn how to check your tire pressure and even how to change a tire. Don't be afraid to get your hands dirty, come join us and learn car care 101.

**AGES: 16+**

**DATE: Saturday, October 10, 2020**

**TIME: 10 AM - 11 AM**

**LOCATION: Community Center**

**FEE: Free**

**\*This class is free but please register so we have a head count.**

**REGISTER ONLINE!  
USTWPREC.COM**



## Youth Sports Programs

### Girl's Fastpitch Softball

President: Jamie Burkhardt

717-870-4800 | SGCS softball@hotmail.com

**AGES: 6U (T-BALL) through 18U leagues.**

**REGISTRATION: January 1 to March 15**

**WEBSITE: www.southamptongirlssoftball.org**

### Baseball

President: Scott Torok

215-990-3014 | ST10@comcast.net

**AGES: 4-19**

**REGISTRATION: Open January 15, 2021**

**WEBSITE: www.Southamptonbaseball.com**

**LOCATION: Community Center**



### Cheerleading

President: Laura Martin

southamptonknightscheerleading@aol.com

**AGES: 3-14 Sideline & Competition Cheer**

**REGISTRATION:**

**EMAIL: southamptonknightscheerleading@aol.com**

**WEBSITE: southamptonknightscheerleading.com**

### Football

President: John Lombardi

jlombardisouthamptonknights@gmail.com

Vice-President: Tina Baxter

tbaxtersouthamptonknights@gmail.com

**AGES: 4 - 5 (Flag Football)**

**6 - 15 (Tackle Football)**

**5 - 15 (Spring Flag Football)**

**REGISTRATION: April - August**

**November - March (Spring Flag Football)**

**WEBSITE: www.southamptonknights.com**

**SOCIAL MEDIA:**

Facebook @SouthamptonKnightsFootball

Twitter @Sthmptnknights

Instagram @Southamptonknightsfootball



### Soccer

President: Mike Rich

southamptonssoccer@comcast.net

mikerichssa@gmail.com

**AGES: 4 - 18 Boys & Girls**

**REGISTRATION: Open Now**

**\*Online Only- see website for details**

**WEBSITE: www.southamptonssoccer.org**



### Basketball

President: Dave Dickson

UpperSouthamptonBasketball.com

**AGES: K - 8th Grade (Boys & Girls) /**

**9th - 12th Grade (Boys)**

**REGISTRATION:**

September/October for Winter

April/May for Summer

See website for more information

**WEBSITE: uppsouthamptonbasketball.com**

**LOCATION: Community Center**



Follow us on Facebook: [Facebook.com/USTPR](https://www.facebook.com/USTPR)

## Adult Cooking Classes with Chef Susan Cohen

Come join us for a hands-on cooking experience using plant based menus with organic foods. Chef Susan has been cooking and teaching Whole Foods for over 15 years. She is a graduate of the Natural Kitchen Cooking School, Princeton NJ. She has also trained with Emmy winner and Author Chef Christina Pirello at Drexel University.

**DATE: Wednesday, September 16, 2020**  
**Wednesday, September 23, 2020**  
**Wednesday, September 30, 2020**  
**TIME: 10AM - 11:30AM**  
**LOCATION: Community Center**  
**FEE: \$36/Class**  
**\$13 material fee due to the instructor at the beginning of the class**

### Class One:

- Garlic Fried Rice with Crispy Chickpeas
- Apple & Pear Parfait

### Class Two:

- Creamy Ginger Carrot Soup with Toasted Pumpkin Seeds
- Asian Noodles with Marinated & Fried Tofu with Kale

### Class Three:

- Stuffed Butternut Squash with Quinoa, Pine nuts, and Cranberries
- Caesar Salad



## Tai Chi

Tai Chi is an ancient Chinese martial art that can reduce stress and improve flexibility, balance, and overall health. A series of slow movements align the body's internal energy paths, enabling chi (internal energy) to flow through the body. Qi Gong (Chi Kung) is an ancient Chinese exercise to control and increase the body's internal energy.

**AGES: 18 and older**  
**SESSION 1: September 17 - October 22**  
**SESSION 2: October 29 - December 10**  
**TIME: Thursdays, 6:30 PM - 7:30 PM**  
**LOCATION: Tamanend Park - Carriage House**  
**FEE: \$35.00 Res. / \$45 Non-Res.**  
**INSTRUCTOR: Michel Denarié**

## Car Care 101

Learn all the basics about car care from how to change your car's oil to filling your window washer fluid. We'll learn how to check your tire pressure and even how to change a tire. Don't be afraid to get your hands dirty, come join us and learn car care 101.

**AGES: 16+**  
**DATE: Saturday, October 10, 2020**  
**TIME: 10 AM - 11 AM**  
**LOCATION: Community Center**  
**FEE: Free**  
**\*This class is free but please register so we have a head count.**

## Bingo

Come join friends and play the classic game that everyone loves. No admission fee charged, coffee & light refreshments are served. So come join us and let us hear you yell BINGO!

**DATE: Ongoing - Every Friday**  
**TIME: 12:00 PM - 4:00 PM**  
**LOCATION: Community Center**  
**\*Due to COVID-19 this program may be cancelled.**

## Bridge

It's not always easy to get your friends together for a game of Bridge these days. Luckily, you can join us every Thursday as we play, find new challenges, and try to master this trick-taking card game.

**DATE: Ongoing - Every Thursday**  
**TIME: 1:00 PM - 3:00 PM**  
**LOCATION: Community Center**  
**FEE: Free!**  
**\*Due to COVID-19 this program may be cancelled.**

**DO YOU  
 HAVE A NEW  
 PROGRAM  
 IDEA?**

Let Us Know!

**CALL  
 215-355-9781**

## Pickleball

You might have heard of it but have you played it? Pickleball is a quick, fast-paced game which combines tennis, badminton and table tennis. If you want to try something fun and new and also get in a workout, check it out! Pay Yearly, Monthly, or for a 5 Day Pass.

**DATES: September 1 - April 30**  
**TIMES: 8AM - 10:30AM (Session 1)**  
**10:30AM - 1:00PM (Session 2)**  
**1:00PM - 3:30PM (Session 3)**  
**LOCATION: Community Center**  
**FEE: \$70 RES. | \$75 NON-RES (Full Season)**  
**\$12/Month**  
**\$5/Week**

**Pickleball will not be held on 9/7, 10/12, 11/11, 11/26, 11/27, 12/24, 12/25, 1/1 due to gym closure on holidays.**

## Zumba

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

**DATE: October 8 - November 19**  
**TIME: Thursdays, 7:00 PM - 7:45 PM**  
**LOCATION: Community Center**  
**FEE: \$65 RES. | \$75 NON-RES**  
**\*No Class October 29**

**REGISTER ONLINE!**

**USTWPREC.COM**



**DON'T MISS OUR  
 DOG ADOPTION DAY!  
 SEPTEMBER 26, 2020**

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 BULLY  
 TEAM** 

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 INSTAGRAM & FACEBOOK:  
 @PHILLYBULLYTEAM**





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[www.bcsbc.edu](http://www.bcsbc.edu)

## SAVE THE DATE

**2021 Southampton Days Fair**

**Monday, June 28, 2021**

to

**Saturday, July 3, 2021  
(Parade & Fireworks)**



## Know Your Medicare Options

During this free seminar you will learn: How Medicare works and what it covers. How Part "D" prescription cards work and how to pick the right one for you. The differences between Medicare supplements and Medicare Advantage plans. Have your questions answered so you can make the right choices when planning for Medicare or Medicare Advantage decisions. Presented by: Steve Perlman, DeVal Senior Advisors, Independent Medicare Planning. If you are interested in attending this program you must register with the Parks & Recreation Dept. We do have limited seating for this program.

**AGES: 55+**

**DATE: Monday, September 21, 2020**

**TIME: 6:30 PM - 9 PM**

**LOCATION: Community Center**

**FEE: Free**

## Dynamic Gentle Yoga Class

This class is similar to a gentle class but with a bit more movement, breathwork and meditation. This class will guide you through a yoga flow that will allow you to embrace the full benefits of opening your heart to your body, mind and spirit.

**DATE: September 15 - October 20**

**TIME: Tuesdays, 7 PM - 8PM**

**LOCATION: Community Center**

**FEE: \$70**

## Karate

Finally karate not just for kids!

Join us for a class that will help you:

- Keep your body strong
- Be active
- Keep your body strong
- Maintain mental clarity

**AGES: 55+**

**DATE: Wednesdays, October 7 - October 28**

**TIME: 10:00 AM - 11:00 AM**

**LOCATION: Community Center**

**FEE: \$39**

**Register by Friday September 25.**

**REGISTER ONLINE!  
USTWPREC.COM**



Follow us on Instagram: [Instagram.com/USTPR](https://www.instagram.com/USTPR)



Upper Southampton Township  
Parks & Recreation Department  
913 Willow Street  
Southampton, PA 18966  
Phone: 215-355-9781

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