



Fall/Winter 2022

UPPER SOUTHAMPTON *Township*

Official Township Newsletter

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Welcome to Our Fall/Winter Newsletter 2022

Dear Residents and Friends

Upper Southampton Township is pleased to present our Fall/Winter 2022 Township newsletter. This publication provides you with information on municipal services and officials, contact numbers for municipal offices and other agencies, and updates on current projects being undertaken within Upper Southampton Township.

We extend a special thanks to the businesses and professional members of our community whose support through advertising has made publication of this newsletter possible at no cost to taxpayers. Please support the local businesses that support Upper Southampton Township.

We would like to take this opportunity to encourage all residents of Upper Southampton Township to contact the municipal offices for any assistance you may need. Community service is a priority of the Township. We strive to do our best to make this community better for all our residents.



**939 Street Road,
Southampton, PA 18966**

**Phone: (215) 322-9700
Fax: (215) 322-0405**

Pike's Pub

Southampton, PA

- 455-457 Second Street Pike in Southampton
- Great place to watch sporting events with 30 Flat screen TVs and a giant projection TV
- 5 PA Skillz machines
- Terrific food with a complete menu
- 3 Diamond Pool Tables
- Dart boards, pinball, Golden Tee, Pinball, Baggo, and plenty of other fun activities
- Live Entertainment
- Pool Leagues
- Dart Leagues



Pediatric Dental
ASSOCIATES



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with Healthy Smiles!**

Dentistry Designed with Kids in Mind!

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- Welcoming Tots to Teens
- Board-Certified Pediatric Dentists



Southampton Offices

928 Jaymor Road, Suite 130A
Southampton, PA 18966



Sasha Manchanda, DMD
Erin McGrath, DMD
Dana Chianese, DMD

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TeethForKids.com

Pediatric Dental Associates welcomes most dental insurances, including CHIP and Medicaid.

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About Upper Southampton Township

Upper Southampton Township is a second class township of the Commonwealth of Pennsylvania. It is governed by a Board of Supervisors consisting of five elected members who serve six-year terms.

This five-member board appoints a manager to oversee the daily operation of government. The supervisors enact, by majority vote, ordinances and resolutions, levy taxes, approve land development plans, approve all expenditures and budgets, approve the hiring and/or termination of all township employees, and make appointments to advisory boards, committees, and commissions which serve the township.

BOARD OF SUPERVISORS

Keith E. Froggatt, Sr. (Term: 2027)

Thomas A. McCullough (Term: 2025)

Stephen A. Wallin (Term: 2025)

Raymond M. Grossmuller (Term: 2027)

Marguerite C. Genesio (Term: 2023)

The Board meets for regular public meetings the Second Tuesday of each month at 6:30PM in the Southampton Free Library, Lower Level Meeting Room, 947 Street Road, Southampton.

Employment Opportunities

COMMUNITY CENTER ATTENDANT

Upper Southampton Township is accepting applications for the position of a part-time Community Center Attendant in the Parks and Recreation Department. The Attendant on duty is responsible for the supervision of the Community Center. Attendants are to oversee the center to ensure that all rules and regulations are being followed as well as supervise programs and rentals occurring throughout the Community Center. The position requires light cleaning of the facility to keep it clean and orderly. Attendants are also responsible for opening the building in the morning and securely locking the building at night. This position reports to the Parks and Recreation Director. Must be at least 18 years of age. Federal Fingerprinting and Child Abuse Registry Clearance Required. For more information visit <https://www.ustwp.org/information/employment-opportunities/>

Submit an application, (available online at www.ustwp.org), or a resume and cover letter to Alexandria Munshaw, amunshaw@ustwp.org

INSTRUCTORS WANTED!

Do you have a hobby or skill you love and want to share with the Community? Upper Southampton Township is looking for instructors for new programs. We welcome you to apply and teach! Please submit a short description of the class or activity you would like to offer, photos of your work, if possible, and your contact information to amunshaw@ustwp.org or mail to Upper Southampton Township Parks and Recreation, 913 Willow Street, Southampton, PA 18966.



THANK YOU TO OUR GENEROUS SPONSORS AND SUPPORTERS

FRIENDS OF TAMAMEND PARK
PENN COMMUNITY BANK
TINARI CONTAINER SERVICE
J.W. HARKINS AUTO BODY, INC.

TOWNSHIP NEWS:

DEPARTMENT OF EMERGENCY MANAGEMENT

Upper Southampton Twp. Department of Emergency Management asks

Are you signed up?



The likelihood that you and your family will survive a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for surviving a natural disaster, terrorist attack or other emergency. We must all have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes. One of those tools is the Ready Notify Alert System. This is a notification system utilized by both the local and county emergency management agencies. By signing up you can receive important emergency information such as severe weather, emergency road closures as well as local, county and state declared emergencies on your home phone, cell phones or emails. It is as simple as logging on to www.ReadyNotifyPA.org and follow the Bucks County tabs to register. You can also access the registration area by logging on to the USTWP.org and click on the Ready Notify section of the home page. You set the level of information that you want to receive as well as the method by which you wish to receive the information. If you are already signed up it is important to update your information such as contact numbers or changed emails. *Mark Showmaker, Director of Emergency Management*

Sign Up Now and Stay Alert

Snow Emergency Parking Restriction Reminder

As winter approaches, the Department of Emergency Management would like to remind residents of the parking restrictions during "Declared Snow Emergencies." Although not every snowfall requires a Snow Emergency Declaration, there are storms that produce significant snow accumulation hindering the movement of traffic to the extent that it is necessary for the Township to declare a "Snow Emergency." Once a Snow Emergency is declared, residents are required to remove all vehicles from all Township streets during the snow emergency. Information on the existence of a snow emergency will be given through the Township website at www.ustwp.org, the Township Facebook page, television and other available media. Residents are asked to check this media during fall to keep up with current

information.

Parking is prohibited on snow emergency routes during a declared snow emergency. All streets in the Township of Upper Southampton are designated as snow emergency routes. After a snow emergency is declared, it shall be unlawful, at any time during the continuance of the snow emergency, for any person to park a motor vehicle or to allow that vehicle to remain parked anywhere on any Township street. The police department is authorized to issue parking citations and remove vehicles parked on any Township street during a snow emergency.

Thank you for your cooperation.

TOWNSHIP FACILITIES

Township Municipal Building

939 Street Road
Southampton, PA 18966

Southampton Free Library

947 Street Road,
Southampton, PA 18966

Schaefer Field

Gravel Hill Rd. near Industrial Blvd
Southampton, PA 18966

Facilities: baseball fields, softball fields, soccer fields, snack bar

Veterans Field

400 Street Rd.
Southampton, PA 18966

Facilities: soccer fields, playground, snack bar

Community Center & Recreation Office

913 Willow Street
Southampton, PA 18966

Facilities: baseball fields, basketball courts, walking path, playground, tennis court, gymnasium, football field, office, meeting room, snack bar

Tamanend Park

1255 Second Street Pike
Southampton, PA 18966

Facilities: softball fields, Lion's Grove stage, snack bar, tennis courts, sand volleyball court, playground, horseshoe pit, disc golf course, gaga court, bocce ball court, pavilions, fireplace, Carriage House, Farmhouse, office



STORMWATER MANAGEMENT

Three things you should know about Stormwater Runoff.

1. Stormwater runoff can cause a number of environmental problems:

- Fast-moving stormwater runoff can erode stream banks, damaging miles of aquatic habitat.
- Stormwater runoff can push excess nutrients from fertilizers, pet waste and other sources into rivers and streams. Nutrients can fuel the growth of algae blooms that create low-oxygen dead zones that suffocate marine life.
- Stormwater runoff can push excess sediment into rivers and streams. Sediment can block sunlight from reaching underwater grasses and suffocate shellfish.
- Stormwater runoff can push pesticides, leaking fuel or motor oil and other chemical contaminants into rivers and streams. Chemical contaminants can harm the health of humans and wildlife.
- Stormwater runoff can also lead to flooding.

2. What happens to a drop of rain when it falls onto the ground?

- It may land on a tree and evaporate;
- It may land on a field and soak into the soil; or
- It may land on a rooftop, driveway or road and travel down the street into a storm drain or stream.

Precipitation in an urban or suburban area that does not evaporate or soak into the ground but instead runs across the land and into the nearest waterway is considered stormwater runoff. Increased development across the watershed has made stormwater runoff (also called polluted runoff) the fastest growing source of pollution.

3. How you can minimize runoff

- Minimize impervious surfaces on your property
- Line impervious surfaces with gravel trenches.
- Install rain barrels to collect water that drains off your roof to irrigate landscape beds and lawns
- Replace lawn areas with native plants.
- Add organic matter to your soil.
- Don't leave soil exposed.
- Plant trees and preserve existing ones.
- Don't create runoff when washing your car.
- Create a rain garden.
- Reduce the slope of your yard.
- Install berms and vegetated swales.



TOWNSHIP-WIDE YARD



SATURDAY, OCTOBER 8

CALLING ALL TO COME, SELL & SHOP

8AM - 1PM

Register Your Address Online at www.USTWPREC.com

*AN INTERACTIVE MAP WITH ALL PARTICIPATING ADDRESSES WILL BE POSTED TO OUR WEBSITE AND FACEBOOK PAGE



Parks and Recreation Director:
Alexandria Munshaw
Email: amunshaw@ustwp.org
Phone: (215)-355-9781

Parks and Recreation
Facilities Coordinator:
Ray Horn
Email: rhorn@ustwp.org
Phone: (215)-355-9781

Parks & Recreation
Administrative Assistant:
Stephanie Martin
Email: smartin@ustwp.org
Phone: (215)-355-9781

Park and Recreation Advisory Board

Patricia Myers, Chairman
Walter Shead, Vice Chairman
Rick Grillone, Member
Dominic Cintofanti, Member
Andy Pickford, Member

Contact Us

Address: 913 Willow Street,
Southampton, PA 18966
Phone: (215)-355-9781
Fax: (215)-355-4093
Website:
www.USTWPREC.com

Office Hours:

Monday-Friday
8:00 AM - 4:00 PM

Follow us on Facebook:

Upper Southampton Township
Parks and Recreation

Instagram: @ustpr

The Parks and Recreation Board meets for regular public meetings the Fourth Tuesday of each month at 7PM in the Upper Southampton Township Building, First Floor Meeting Room, 939 Street Road, Southampton.

Your Parks & Recreation Department

Get Involved with Our Parks FRIENDS OF TAMANEND PARK

Our Mission: The mission of the Friends of Tamanend is to maintain, conserve, and protect the unique natural and historic features of Tamanend Park.

You are cordially invited to our monthly meetings.

Meetings are held in the Farmhouse on the third Tuesday of every month at 7 PM.

Visit our website to get involved: FriendsofTamanend.org



Tamanend Park Herb Garden Club

The Tamanend Park Herb Garden Club was started in the summer of 1983 by four residents of Upper Southampton Township who were interested in the various aspects of herb gardening and herb use. The Herb Club now has over 60 members!

The Herb Garden Club meets on the third Wednesday of each month from January through November. Meetings start at 7:00 PM with a brief review of monthly business, followed by a guest speaker, or a group activity. Dues are \$10 a year.

For more information visit us on Facebook @ Tamanend Park Herb Gardening Club or email tamanendparkherbclub@comcast.net

Park Patrons Program

Parks Partners is a Parks and Recreation initiative that enables groups, individuals and businesses to assist with improvement projects and maintenance of Upper Southampton parks. Parks Partners will work with the Park's staff to keep the parks clean, attractive and safe. Donations can also be made by check, payable to Upper Southampton Township. To get involved, email Alex Munshaw at amunshaw@ustwp.org.

Park Gifts Program

Support our parks through giving. Our Parks Gift Program offers a great way to honor the special people and milestones in your life. Your contribution will enhance the beauty of the park and allow you to memorialize loved ones or special events.

The park gift program includes benches, trees and shrubs and plaques.

For more information please call the park office.

PLEASE DONATE

DONATIONS NEEDED!

Donations of new or gently used games or other recreational activities are very much appreciated.

RENTAL INFORMATION

Rental Facilities:**Farmhouse** (45 Person Maximum)

1255 Second Street Pike, Southampton, PA
 Monday thru Sunday - 9AM to 10PM
 Includes: Twelve-6 foot tables; One-8 foot table; 55 chairs
 Res. \$40/hr | Non. \$50/hr

Carriage House (60 Person Maximum)

1255 Second Street Pike, Southampton, PA
 Monday thru Sunday - 9AM to 10PM
 Includes: Twelve-6 foot tables; 60 chairs
 Res. \$50/hr | Non. \$60/hr

Picnic Pavilions (100 Person Maximum)

1255 Second Street Pike, Southampton, PA
 Monday thru Sunday - 8AM to 10PM
 Includes: Ten-picnic tables
 Res. \$75/day | Non. \$125/day

**Meeting Room** (150 Person Maximum)

913 Willow Street,
 Southampton, PA
 Monday thru Sunday -
 9 AM to 10 PM

Includes: Twelve-8 foot tables; 130 chairs
 Res. \$50/hr | Non. \$75/hr

Gymnasium (300 Person Maximum)

913 Willow Street, Southampton, PA
 Monday thru Sunday -
 9AM to 10PM
 Res. \$100/hr | Non. \$150/hr

**Lion's Grove Amphitheater**

1255 Second Street Pike,
 Southampton, PA
 Monday thru Sunday - 9AM to 10PM
 Includes: electric and bathrooms
 Res. \$25/hr | Non. \$50/hr

Veterans Field - Athletic Field

400 Street Road, Southampton, PA
 Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field
 Includes: lights and bathrooms

Tamanend Park Athletic Field

1255 Second Street Pike, Southampton, PA
 Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field

Schaefer Field - Athletic Fields

Gravel Hill Road, Southampton, PA
 Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field

Security Deposit

Gym: \$150/rental | Pavilions: \$250/Rental or \$1,500/Both Pavilions |
 All other facilities: \$100/Rental

Renting a facility is as easy as 1...2...3...

To book a facility:**1. Choose your location**

Whether you view images online, or decide to visit the office to view the spaces yourself, determine the best location for your next event. You can check the availability of your desired facility online or by calling the park office (215-355-9781). Rentals are scheduled on a first come first serve basis.

2. Complete Rental Forms

The forms necessary to rent one of our facilities can be found online at www.ustwprec.com. A Facility Use/Rules And Regulations Application must be completed and submitted with payment to the Parks' Office.

3. Rental Fees

Rental fees must be paid in full at the time of booking. There is a minimum rental of four hours at each location. A security deposit must also be made at the time of booking. This separate check will only be cashed if damage has taken place or facility has been left in bad condition. A full refund of rental fee and security deposit will be issued if cancellation is made more than 30 days before scheduled rental.

For more information call the Parks' Office or visit us online.



ANTI-LITTERING AWARENESS

Over the last year, the Parks and Rec Department has noticed an increase in litter in the Parks. Although we love that residents are taking advantage and enjoying our wonderful facilities, we need your help in keeping them beautiful and clean for all to enjoy. After visiting one of our parks please make sure to take all refuse with you or discard in a provided trash or recycling bin. According to Keep America Beautiful, there are 50 Billion pieces of litter on the ground in America. Keep America Beautiful encourages all individuals to pick up 152 pieces of litter. 152? That's the amount of litter each person in America needs to pick up to make our nation a litter-free place. Please do your part to keep not only America but our little part of it clean.



AMERICAN RED CROSS BLOOD DRIVE

Every two seconds someone in the United States needs blood. Right now, there is a significant shortage of blood for hospital patients and the American Red Cross has issued an emergency request for people to donate. You can help. Giving blood doesn't require much time, in an hour and one pint of blood you can save three lives. Join us to help. Registration encouraged, walk-ins welcome.

Schedule your appointment at <https://www.redcrossblood.org/give.html/find-drive> and use code UpperSouth

Individuals who are 17 years of age (16 with parental consent in most states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

The American Red Cross has ongoing Blood Drives at the Community Center. Please visit our website for dates.



Upper Southampton Township gratefully acknowledges the generosity and support of the businesses and individuals who have placed advertisements in our newsletter. This newsletter has been designed and printed at no cost to you, our residents. We encourage you to patronize these businesses as they play a vital role in the economic stability of our community.

Get Noticed

Our newsletter is supported by local businesses like yours that recognize the value of reaching households in the Township.

Place Your Ad Here

**To Place An Ad
Call Kathy Ruediger at
Hometown Press 215-527-7664
or email katruedy@gmail.com**



SOUTHAMPTON FREE LIBRARY UPCOMING EVENTS

Come visit the library to browse for materials, use our computers or attend a free program!

All of the following are available at the library:

- Books, Magazines & Newspapers
- Audiobooks
- Ebooks
- Movies
- Board Games
- Museum Passes
- Rokus
- Hotspots

Kids's Programs:

- Baby Storytime (Ages 0 – 3), Tuesdays at 10:30 AM
- Preschool Storytime (Ages 3 – 5), Fridays at 10:30 AM
- Story Stroll in Tamanend Park – Starting opposite the Carriage House, enjoy reading a children's story while taking a walk through Tamanend Park. Stroll is available whenever the park is open.

Adult's Programs:

- Afternoon Tea with the BBC, 2nd Wednesday of the month at 2:00 PM - Southampton Free Library cordially invites you to Afternoon Tea with the BBC. Join us every 2nd Wednesday of the month for tea and treats and a BBC show.
- Adult Coloring, 3rd Thursday of the month at 1:00 PM - Please join us on the third Thursday of the month for coloring, tea, music, and a treat. This is a great opportunity for adults to socialize with old or new friends!
- Friday Movie Matinee's Fall series begins on Sept. 23rd at 2:00 PM

Upcoming Fall Programs:

- Girls Who Code coming Wednesday nights in October! All children in grades 3-5 are welcome.
- Yoga at the Library for Children- Every other Monday in October; registration required.
- Downsizing and selling your unwanted Items, Saturday, October 15, 2 pm to 3 pm - Local Author, Antiques Dealer, and Appraiser- Bill D'Anjolell presents "Downsizing and selling your unwanted Items". It will include everything you need to know about downsizing your merchandise including where to sell it, and how to sell it.
- A Night with Poe, Thursday, October 27th at 7 PM at Tamanend Park - Join us at Pavilion Number 1 in Tamanend Park for a night of Edgar Allan Poe. Listen to John Dern, a Temple University professor, give dramatic readings of some classic Poe works! Come enjoy this fireside presentation with hot drinks! He will answer any questions you have about Poe. Come get in the mood for Halloween!

ALL PROGRAMS SUBJECT TO CHANGE. PLEASE CHECK OUR WEBSITE FOR CURRENT INFORMATION.

947 Street Road, Southampton, PA, 18966 (215) 322-1415 • Southamptonfreelibrary.org



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Friday & Saturday, 10 AM to 5 PM

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Dianne Campbell Thomas, F.D., Supervisor
James Patrick Brady, F.D.

Danielle Adrienne Thomas, F.D., Supervisor

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PENN'S WOODS PUPPET THEATER

Jack and the Beanstalk



"Jack Spriggins, I told you *NOT* to climb that beanstalk!
Your Uncle Olaf climbed a bean stalk and we never saw him again."
"Climb, Jack, climb."

To save the family farm, Jack sells his goat, Capricornia,
to a passing farmer for 50 pieces of gold.

When he spends the gold for a bag of beans,
Jack soon discovers that he got the best of the deal.

The farmer's 50 pieces could never have led Jack
to a magic world where castles are built on clouds,
birds serve as taxis and geese lay golden eggs.

But behold, his newly purchased bag of beans could - and did !

*Thanks to the organizations and generous
sponsors that made 2022 so much fun*

Robin and Susan Tafel 215 441 4154

<https://www.Youtube.com/user/PennsWoodsPuppets>

Parks & Recreation Department Programs

REGISTRATION IS NOW OPEN! Space is Limited. 215-355-9781 | www.ustwprec.com

Register Now

Register Online at www.ustwprec.com Pay by credit card. We accept Visa, Master Card, American Express and Discover. Credit Card information is not stored for future payments.

Register in person at the Southampton Community Center, 913 Willow Street, Southampton, PA.

Register by mail by downloading the Program

Registration Form from our website, www.ustwprec.com and mailing to 913 Willow, Southampton, PA 18966.

Whenever practicable Upper Southampton Township's Summer Camp attempts to accommodate children with special needs, however, in situations where accommodation exceeds the capability of the staff/facilities, or if the child could pose a danger to other participants or the staff, Upper Southampton Township reserves the right to decline an application for cause.

SEASONAL EVENTS

Introducing Pickleball

Sunday Funday with Pickleball. A racquet sport for kids and parents. Learn how to play with certified Pickleball Pro Stan. Paddles will be provided. Wear comfortable sneakers

Date: Sunday, September 25

Time: 10AM- Noon

Location: Community Center

Fee: Free but please pre-register

Township-wide Fall Yard Sale

Are you interested in reducing, reusing, up-cycling or decluttering items found in your home? All Upper Southampton residents are invited to participate in a township-wide yard sale. You can participate by registering on our website at www.ustwprec.com - An interactive map with all participating addresses will be posted on our website and Facebook page. This event will be advertised. Each participating house will receive a "Yard Sale" Sign for their lawn.

Date: Saturday, October 8, 2022

Time: 8AM - 2PM

Location: Upper Southampton Township

Fee: \$5

Halloween Pumpkin Mash

Join us for a ghoulish good time with hayrides, face painting, sand art, Chippy the Clown and pony rides! Search for hidden pumpkins in Tamanend Park, stop by Pavilion 2 for Pumpkin decorating and get those costumes ready for a Halloween costume contest (and don't forget those bags to fill with goodies). This event is free but please register your children online at www.ustwprec.com. After the event, join us for a Halloween Movie Night, we'll be showing the classic Hocus Pocus.

Date: Saturday, October 15, 2022

Time: 4:30PM – 6PM

Location: Tamanend Park Pavilions

Movie: Hocus Pocus

Halloween Movie Night in the Park

Come join us for a thrilling good time as we enjoy a classic Halloween movie in the park. Bring the family, invite the friends. We'll be showing the classic Hocus Pocus. As always this event is weather dependent.

Date: Saturday, October 15, 2022

Time: Dusk (approx 6:30pm)



Location: Tamanend Park Pavilions

Movie: Hocus Pocus

Farmhouse Fall Craft Show at Tamanend Park

There is nothing more lovely than handmade items and crafts and the Fall Craft Show has it all - Wreaths, Florals, Jewelry, Painted Slates, Garden Art, Homemade Candy, Gourmet Foods, Kids Clothes, and much more - So whether you are looking for a one-of-a-kind gift or something for yourself, stop by to see all we have!

For more information visit our website at ThreeDCrafts.com.

Date: Saturday, November 12 - Saturday, November 19, 2022

Time: 10AM – 6PM

continued on next page

Location: Tamanend Park Farmhouse

CRAFTERS WANTED!

If interested in being a Crafter call Nancy at 215-364-3795 for more information

OR

Fill out the Crafter Application form at www.threedcrafts.com/CRAFTER-APPLICATION.html to be considered for the upcoming Farmhouse Craft Shows at Tamanend Park



UPPER SOUTHAMPTON TOWNSHIP
PRESENTS



Halloween PUMPKIN MASH

FREE EVENT

15 OCT | START AT
2022 | **4:30 PM**

Tamanend Park!

Pumpkin Hunt, Pumpkin Decorating, Costume, Contest, Candy, Music, Food and Insectarium, Face Painting, Chippy the Clown, Hayrides, Pony Rides, Sand Art and Fun!
www.ustwprec.com

After the event, join us for a Halloween Movie Night, we'll be showing the classic Hocus Pocus.

Carriage House Artist Art Show

Fall is here so come, get out and join local artists in the Carriage House at Tamanend Park on Saturday, April 2nd and 3rd from 10am to 4pm to see some beautiful works of art. A variety of original artwork will be on display as well as for sale (so don't forget your wallets.)

Date: Saturday, November 12, 2022, Sunday, November 13, 2022

Time: 10AM - 4PM

Location: Tamanend Park Carriage House

Holiday Centerpiece Workshop

A make and take experience! Learn how to design a fresh Holiday centerpiece from scratch. Taught by Regina an experienced floral designer and educator, you will learn skills that can be translated to any season's decor. We will provide all of the necessary materials and tools to create a gorgeous wreath to take home.

Please bring scissors or pruners to cut greenery. A few will be available if you do not have any. Also feel free to bring along any decorative accessories that match your theme, style or personality to customize for yourself.

Bring your pruners, floral scissors, and gardening gloves and any special or personal embellishments you love

Date: Saturday, November 19, 2022, Sunday, November 20, 2022

Time: 12PM - 3PM

Location: Tamanend Park Carriage House

Fee: \$45/class

An additional \$45 Supply Fee is due to the instructor at the beginning of the class.

Christmas Holiday Wreath Making

Hanging a fresh wreath kicks off the holiday season and fills the home with festive fragrance. Learn how to make a traditional, lush, mixed-green wreath sure to draw admiration from your family and guests. Berries, fruit, pinecones, pods, nuts, ribbons, and more are available to embellish your creation.

Bring your pruners, floral scissors, and gardening gloves and any special or personal embellishments you love

Date: Saturday, December 3, 2022, Sunday, December 4, 2022

Time: 12PM - 3PM

Location: Tamanend Park Carriage House

Fee: \$45/class

An additional \$45 Supply Fee is due to the instructor at the beginning of the class.

Secret Santa

No matter what holiday you celebrate, it is the season of giving. Shop till you drop at our holiday craft show at the Community Center. Shop from local vendors, warm up with free hot chocolate and snacks, and snap a picture with Santa Claus. This event is guaranteed to spread some holiday cheer for all ages.

Date: Saturday, December 10, 2022

Time: 10AM - 1PM

Location: Community Center Gymnasium

Fee: FREE

SECRET SANTA VENDORS NEEDED

**Cost: \$15/ 6-ft table with 2 tables max
or \$20/8-ft table 1 max
If providing own table, \$12 for a space.**

**Contact Alex if interested at
215-355-9781**

OR

amunshaw@ustwp.org



UPPER SOUTHAMPTON TOWNSHIP
PRESENTS

Secret Santa Craft Show

DECEMBER 10, 2022 | 10:00AM - 1:00 PM
913 WILLOW STREET, SOUTHAMPTON, PA 18966

Vendors Needed:

\$15 for a 6ft table

\$20 for a 8ft table

\$12 for a space if providing own table



Parks & Recreation Department Programs

PROGRAMS FOR TOTS (0-5)

PEE WEE PICASSO'S

Arts & Crafts time with your little ones without all the mess in your house! Join us for some artsy fun from coloring to painting to all the things your little tots love. Each session has a different theme and crafts.

Ages: 2-5

Date: Tuesday, October 11 Tuesday, January 17
 Tuesday, November 15 Tuesday, February 14
 Tuesday, December 13 Tuesday, March 14

Time: 11:00AM - 11:45AM

Location: Community Center Meeting Room

Fee: \$5 Res. | \$7 Non-Res.

LIL' EXPLORERS

Bring your little ones to explore Tamanend Park. We'll read a story, then take a fun-filled nature hike to try to see some new and different friends. We'll meet at the Carriage House, 1255 2nd Street Pike, Southampton, PA 18966

Ages: 2-5

Date: Friday, September 30
 Friday, October 28
 Friday, November 18

Time: 11:00AM - 11:45AM

Location: Carriage House at Tamanend Park

Fee: \$5 Res. | \$7 Non-Res.

LITTLE GARDENERS

Let your little ones get ready for spring (and Mother's Day) by learning to plant, dig and grow flowers and vegetables. Students will plant seeds in a flower pot and can take their plants home to watch it grow. We will be playing in dirt, so please dress accordingly.

Ages: 2-5

Date: Thursday, September 22, 2022
 Thursday, October 20, 2022
 Thursday, November 17, 2022

Time: 11AM - 11:45AM

Location: Tamanend Park Farmhouse

Fee: \$5 Res. | \$7 Non-Res.

Dance for Tots

Ballet for Tots

Students will learn all the basics it takes to be a ballerina. This class will enhance the child's rhythm, balance, coordination, flexibility and posture. The children will also dance to song and dance routines. Ballet Shoes Required.

Ballet/Tap Combo

Students will learn all the basics to be a ballerina and a tap dancer. Classes will enhance rhythm, coordination, balance, flexibility and posture. Ballet/Tap Shoes Required.

Ages: 3-5

Date: February 9 - March 16

Ballet for Tots: Mondays, 5:00PM - 5:45PM

Ballet/Tap Combo: Mondays, 5:45PM - 6:30PM

Location: Meeting Room

Fee: \$70

SUPER SOCCER STARS (3-4)

Join Super Soccer Stars for a fun packed soccer program! The program will run every Saturday at Tamanend Park. They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 3-4

Date: October 29 – December 10

Time: Saturdays, 9AM - 9:45AM

Location: Tamanend Park

Fee: \$135

PROGRAMS FOR YOUTH (6-12)

PIANO MINI PRIVATE LESSONS

Get your child started with Piano! Dayle Music's Piano Mini Lessons are 15 minute, FUN private piano lessons taught virtually. Your child will work at his/her own pace to complete the Piano Mini Lesson Course which leads to playing songs. Lessons are purchased 4 at a time and can be ongoing. Practice assignments will be given after each lesson. For beginner students ages 4 to 8. You must have a piano or keyboard. The Piano Mini Lesson Course has been a big hit with both children and their parents! Discover how fun and easy learning piano can be!

Date: Ongoing

Location: Virtual

Fee: \$64/4 Lesson Package

Once you sign up your instructor will contact you with more information and to set up dates and times for the lessons.

SUPER SOCCER STARS (5-7)

Join Super Soccer Stars for a fun filled soccer program at Tamanend Park! They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 5-7

Date: October 29 – December 10

Time: Saturdays, 10 AM - 11 AM

Location: Tamanend Park

Fee: \$135

SUPER SOCCER STARS (8-10)

Join Super Soccer Stars for a fun filled soccer program at Tamanend Park! They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 8-10

Date: October 29 – December 10

Time: Saturdays, 11:15 AM - 12:15 PM

Location: Tamanend Park

Fee: \$135

SLIME TIME

Let's get ready to SLIME! Get your hands dirty trying all different types of slime recipes from normal slimy slime to glow-in-the-dark slime to magnetic slime, the possibilities are endless!

Ages: 6+

Date: Wednesday, September 28, 2022
Wednesday, October 26, 2022
Wednesday, November 16, 2022

Time: 6:30PM – 7:30PM

Location: Community Center Meeting Room

Fee: \$5 Res. | \$7 Non-Res.

PROGRAMS FOR ADULTS

TAI CHI

Tai Chi is an ancient Chinese martial art that can reduce stress and improve flexibility, balance, and overall health. A series of slow movements align the body's internal energy paths, enabling chi (internal energy) to flow through the body. Qi Gong (Chi Kung) is an ancient Chinese exercise to control and increase the body's internal energy.

Ages: 18 and older

Session 1: January 13 – February 17

Session 2: February 24 – March 31

Session 3: April 7 – May 12

Time: Thursdays, 6:30 PM - 7:30 PM

Location: Tamanend Park - Carriage House

Fee: \$35.00 Res. / \$45 Non-Res.

Instructor: Michel Denarié

POUND

POUND is a full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix. (lightly weighted drumsticks engineered specifically for exercising). POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

Date: Ongoing, Tuesday and Thursday classes available

Time: 6:45PM – 7:45PM

Location: Community Center

Fee: \$45/6-week sessions | \$10 drop-in

GET HEALTHY WITH REGINA

SOUTHAMPTON STRIDERS

Fitness walking is serious exercise, yet it is the safest and most natural activity for health and fitness. It is brisk, vigorous walking - usually from 3-1/2 to 5 miles per hour. It is walking with determination, moving forward with purpose and control as if you had someplace to go.

Join us as we start at Tamanend Park and Walk the trails. Increase your energy levels, improve muscle endurance, strengthen bones and muscles along with cardiovascular health, all the while meeting new friends from the neighborhood.

***This program is free but please sign up for the days you will be attending**

Date: September 27 – November 4

Time: Tuesdays, 8:45AM – 9:30AM

Wednesdays, 5:15PM – 5:45PM

Fridays, 11AM – 11:45AM

Location: Tamanend Park

Fee: *This program is free but please sign up for the days you will be attending

SUGAR FREE SNACKS KIDS WILL LOVE

A 5-week interactive functional nutrition course that encourages changes in your relationship to sugar. You will learn and make-n-take smarter choices for you to pack into your kids lunchboxes, and after work and school snacks for your entire family. Each week we will go over topics such as:

Sweeteners... what are they?

Sugar Cravings

Where's the Hidden Sugars (reading labels)

Where to go for sweet satisfaction and a 5-step plan for making changes

COME LEARN MAKE and Bring home the goodness of SUGAR FREE SNACKS!

Date: September 29 – October 27

Time: Thursdays, 9:45AM – 10:45AM

Location: Tamanend Park Carriage House

Fee: \$125/5 week session

A \$50 CLASS SUPPLY FEE IS DUE TO THE INSTRUCTOR AT THE BEGINNING OF THE CLASS

PILATES

Pilates is a body conditioning routine that helps build flexibility and long, lean muscles, strength and endurance in the legs, abs, arms, hips, and back. It puts emphasis on spinal and pelvic alignment, breathing to relieve stress and allow adequate oxygen flow to muscles, developing a strong core or center (tones abs while strengthening the back), and improving coordination and balance. This class is best served while using a small Pilates ball, flat therabands and round versa loop bands.

Bring with you every week a mat, towel and water.

Get ready to feel your best ever!

Date: Class offerings on

Tuesdays 7:45PM – 8:45PM

Thursdays 7:45PM – 8:45PM

Location: Carriage House

Fee: \$72/1 class per week (6-week session)

\$132/2 classes per week (6-week session)

SEE WEBSITE FOR ADDITIONAL DATES

BARRE FUSION

If you are looking to build long, lean muscle with ballet-based movement this is the class for you! Define and strengthen in this unique and challenging workout that targets your arms, abs, hips, butt and thighs. This intense fusion of Pilates, sculpting and ballet-based exercises will change the way your body looks – longer, leaner and stronger. (6-Week Sessions)

continued on next page

Date: Class offerings on
 Tuesdays 7:45PM – 8:45PM
 Wednesday 9:30AM – 10:30AM
 Fridays 9:30AM – 10:30AM

Location: Carriage House

Fee: \$72/6-week session

This class is ongoing, please check website for dates

NUTRITIONAL RESTORATIVE

Truly Food Ways to Nurture Your Kidney & Adrenal Health

A hands on training and workshop where you will enjoy making and taking simple soups, stews, fall/winter salads and restorative teas.

Three weeks of Cleansing Foods for your Mind, Body & Spirit.

A cleanse is your opportunity to slow down, to quiet what’s coming into your body, and to activate your systems of detoxification and elimination, as well as nourish your supportive glands. Cleansing will ultimately result in the benefits you desire: clarity, focus, intention, and energy. Winter offers rooted, grounding, and nourishing fruits and vegetables that are precisely what your body needs for a gentle, comforting and warming purification. Winter is also the time to sit in the calm waters - to revitalize. It’s your opportunity to rest, retreat, and go deep within to cultivate the seeds of inspiration that will flourish in the spring. Fall and Winter, in particular, are your times to tend to the soils that will allow you to thrive.

Date: October 12 – October 26

Time: Wednesdays, 5:45PM – 6:45PM

Location: Carriage House

Fee: \$100

A \$30 supply fee is due to the instructor at the first class

KETTLEBELL KONECT (KBK)

Have you been looking for a way to combine cardio and strength

training exercises together to improve your health and strengthen your body? This 45 minute KBK class does just that by using only a kettlebell and your body weight. Benefits of using a kettlebell include:

- Enhanced athleticism, coordination, and balance
- Increased mental focus and physical stamina
- Increased oxygen uptake
- Increased total body conditioning
- Increased core stability and muscular endurance
- Increased metabolic demands and calorie expenditure

Please bring your own kettleball or two

One that you are able to lift comfortably over your head with one hand and another that you are able to lift comfortably with 2 hands

Date: Class offerings on

Time: Tuesdays 7:45AM – 8:30AM

Thursdays 5:30PM – 6:30PM

Fridays 5:45PM – 6:30PM

Location: Carriage House

Fee: \$72/1 class per week (6-week session)

\$120/2 classes per week (6-week session)

\$144/3 classes per week (6-week session)

\$15/class drop-in rate

DATES ARE ONGOING, PLEASE CHECK WEBSITE FOR DATES

YOGAMAZIA CLASSES

PRENATAL YOGA (Expectant/Pregnant Women)

This yoga class honors the development and physiological changes taking place within the female body during this special time with practices of affirmation, meditation, pranayama (breathing), and asana (poses). Classes are structured based on all trimesters using appropriate modifications. This prenatal yoga class aims to prepare expectant mothers for delivery through mental and physical

continued on next page

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exercises to help widen and strengthen the uterus during pregnancy, delivery, and recovery.

Session: Tues, Oct. 4 – Oct. 25, 6:30 - 7:30 pm
Session: Tues, Nov. 1 – Nov. 29, 6:30 - 7:30 pm
Session: Tues, Jan 10 – Jan. 31, 6:30 - 7:30 pm
Instructor: Michelle El Khoury
Location: Yogamazia, 130 Almshouse Rd, Unit 106, Richboro, PA 18954
Fee: \$60 | Resident
\$80 | Non Resident

POSTNATAL/BABY YOGA
(Postnatal, Babies Toddlers, 3-12 mos)

This yoga class is dedicated to our postnatal moms and baby yogis 3 to 12 months who are starting to get to know the world. Babies and crawlers are accompanied by mother or caregiver. This yoga class aims in building back mother's strength, baby massage, simple yoga poses that aid in development of fine motor skills.

Session: Tues, Oct. 4 – Oct. 25, 4:00 - 4:45 pm
Session: Tues, Nov. 1 – Nov. 29, 4:00 - 4:45 pm
Session: Tues, Jan. 10 – Jan. 31, 4:00 - 4:45 pm
Instructor: Michelle El Khoury
Location: Yogamazia, 130 Almshouse Rd, Unit 106, Richboro, PA 18954
Fee: \$60 | Resident
\$80 | Non Resident

TODDLER & CAREGIVER YOGA (ages 12-24 mos)

This yoga class is dedicated to our toddler yogis 12 to 24 months who are curious about everything! Toddlers are accompanied by mother or caregiver. This yoga class aims in exploration, movement, and breathing through simple

communication and playful activities including yoga games and songs.

Session: Tues, Oct. 4 – Oct. 25, 5:15 - 6:00 pm
Session: Tues, Nov. 1 – Nov. 29, 5:15 - 6:00 pm
Session: Tues, Jan. 10 – Jan. 31, 5:15 - 6:00 pm
Instructor: Michelle El Khoury
Location: Yogamazia, 130 Almshouse Rd, Unit 106, Richboro, PA 18954
Fee: \$60 | Resident
\$80 | Non Resident

TEEN YOGA (ages 13-17)

This class incorporates all the foundations of yoga in a 1 hour class with refinements for this age level focusing on creating leaders who empower our mission and values while practicing the Yoga Principles (sutras) in mind and body to help face today's worldly challenges. No class 11/25

Session: Fri, Oct. 7 – Oct. 28, 5:15 - 6:15 pm
Session: Fri, Nov. 4 – Dec. 2, 5:15 - 6:15 pm
Session: Fri, Jan. 6 – Jan. 27, 5:15 - 6:15 pm
Instructor: Michelle El Khoury
Location: Yogamazia, 130 Almshouse Rd, Unit 106, Richboro, PA 18954
Fee: \$60 | Resident
\$80 | Non Resident

BINGO

Come join friends and play the classic game that everyone loves. No admission fee charged, coffee & light refreshments are served. So come join us and let us hear you yell BINGO!

Date: Ongoing - Every Friday
Time: 12:00 PM - 4:00 PM
Location: Community Center

continued on next page

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PICKLEBALL OPEN PLAY

You might have heard of it but have you played it? Pickleball is a quick, fast-paced game which combines tennis, badminton and table tennis. If you want to try something fun and new and also get in a workout, check it out! Pay Yearly, Monthly, or for a 5 Day Pass. *NEW this season –UNLIMITED PLAY! Come and play all day, the unlimited allows you to play throughout the week without any time restrictions.

Date: September 6 – May 31, 2023

Time: 8AM - 10:30AM (Session 1)
10:30AM - 1:00PM (Session 2)
1:00PM - 3:30PM (Session 3)

Location: Community Center

Fee: \$80 RES. | \$85 NON-RES (Full Season)

\$15/Month

\$8/Week

\$130/unlimited play (no time restrictions) | RES.

\$140/unlimited play (no time restrictions) | NON RES

PICKLEBALL LESSONS WITH STAN

Learn how to play the fast growing sport with Pickleball professional, Stan Shoemaker. You'll start by learning the basics then build your skills.

Date: Classes will be held Monday's and Wednesday's

Time: 1PM – 3PM

Location: Community Center

Fee: \$20/class

***This program is ongoing, please visit website for dates.**

VIRTUAL ADOBE CLASSES

ADOBE INDESIGN

This class is for beginners that are interested in learning how to use and create in one of the most innovative layout digital design software programs. You will learn the

workspace, tools, menus, panels, layers, Master Pages with fun projects that will include creating a flyer and organizing a book with TOC, file usage and so much more!

Session 1: October 4 – November 8

Session 2: January 10 – February 14

Session 3: February 21 – March 28

Time: Tuesdays, 6:30PM – 8:30PM

Location: Virtual

Fee: \$198 | Resident
\$209 | Non-Resident

ADOBE PHOTOSHOP CLASS

This class is for beginners that are interested in learning how to use and create in one of the most innovative rasterized design software programs. You will learn the Workspace, tools, menus, panels, layers with fun projects which will include drawing, painting, photo correction, selection & masking, color modes, typography, color, raster/vector and file usage, and so much more.

Session 1: October 6 – November 10

Session 2: January 12 – February 16

Session 3: February 23 – March 30

Time: Thursdays, 6:30PM – 8:30PM

Location: Virtual

Fee: \$198 | Resident
\$209 | Non-Resident

ADOBE ILLUSTRATOR FOR BEGINNERS

Learn how to use and create in one of this innovative vector digital design software programs. You will learn the workspace, tools, menus, panels, layers with fun projects that will include drawing, painting, type & typography, color and file usage, and more!

continued on next page



John A. Saracino Insurance Agency, an independent insurance agency in Upper Southampton established in 1972, is looking to hire a Licensed Property and Casualty Insurance Customer Service Representative who will be rating property and casualty insurance from a variety of companies such as Travelers, Safeco, Chubb, The Hartford, Progressive, Plymouth Rock, Farmers and other companies.

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- Excellent customer service skills are required

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OCTOBER 29, 2022, 8:00pm

“Holiday Potpourri”

Welcome the season with holiday favorites from the classical and popular traditions. Featuring Young Artist Youth Division Winner Alyssa Gabrielovich, piano, and a special guest appearance by the William Tennent HS Madrigal Singers.

DECEMBER 3, 2022, 8:00pm

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ADOBE PHOTOSHOP CLASSES FALL 2022

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Register Now

Beginners Course
Let's learn & laugh together!

Date: December 1 – December 15

Time: Thursdays, 6:30PM – 8:30PM

Location: Virtual

Fee: \$198 | Resident
\$209 | Non-Resident

Bio: Lisa Kulik, Graphic Designer/Printer/Adobe Certified Instructor working in this field for 27 years and instructing the Adobe Suite for the past 8 years for colleges, high schools, technical schools, summer camps, tutoring, B2B, both in person and remote. She offers an extensive curriculum within a fun and productive environment.

Program & Computer Info & Specs:

Computer: Basic computer skills will be helpful. PC/Mac with video, audio, mouse with Adobe software downloaded. Access to a browser to access my Zoom link. Adobe software can be purchased directly from their web page for one month or student can obtain a Free Trial weekly. Students can sign up for a discount too. Please check the Adobe site (link below) for your computer specifications needed to run the program successfully.

Questions: Contact me at kulikl@verizon.net

Check: Adobe webpage for software specifications at
<https://helpx.adobe.com/photoshop/system-requirements.html>

Parks & Recreation Department Programs

SENIOR PROGRAMS

GENTLE YOGA

Improve balance, flexibility, strength, & mindfulness while decreasing stress, anxiety, and worry. Yoga poses are performed standing and seated in a chair. Modifications are given for participants of various fitness and skill levels. A strong emphasis is placed on safety, proper form & breathing.

Session 1: October 4 – November 8

Session 2: January 10, 2023 – February 14, 2023

Time: Tuesdays, 1PM - 2PM

Location: Carriage House

Fee: \$72/6-week session

ADULT/SENIOR PIANO LESSONS

Private Piano Lessons for adults/seniors! All lessons are a half hour long and are done in the convenience of your home via Skype with one of our friendly, highly trained and patient Dayle Music LLC instructors! Learning music is good for your brain at any age! It helps improve memory and lowers stress. We make learning piano fun!

Date: Ongoing

Location: Virtual

Fee: \$120/4 Lesson Package

Once you register, the instructor will reach out to schedule your classes.

ACTIVE SENIOR GROUP EXERCISE CLASS

Have fun With Sharon and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a lightweight ball are offered for resistance. A chair is used for seated or standing support.

Wednesday Session: September 21 – November 2

Friday Session: September 23 – November 4

2-Day (Wednesday & Friday): September 21 – November 4

Time: 10:30AM – 11:15AM

Location: Carriage House

Fee: \$70/Session | \$120/2 days | \$15 drop-ins

***This class is ongoing, check website for additional dates**

ZUMBA GOLD

Inspired by Latin dance and music, Zumba Gold uses a variety of dance styles to create a fun fitness class that is very basic & easy to learn. Modifications are given for participants of various fitness and skill levels.

Tiffany Fite, the owner of Fite Fitness Consultants, is a fitness trainer, corrective exercise specialist, lifestyle coach, group fitness instructor, and wellness educator. She has over 30 years of experience in the fitness industry, a BS in Kinesiology, and is certified by NASM, AFAA, Zumba, and SilverSneakers in a broad range of fitness and wellness specialties. Tiffany's mission is to help individuals create habits that will improve physical and mental health, fitness, and functional capacity, ultimately increasing longevity and quality of life. Tiffany can be reached at fite.fitness@verizon.net or 215-715-0386 with any questions you may have.

Session 1: October 5 – November 9

Session 2: January 11, 2023 – February 15, 2023

Time: Wednesdays, 12:15PM – 1:15PM

Location: Community Center Meeting Room

Fee: \$72/6-week session

LINE DANCING

Line Dancing incorporates a variety of line dance styles to create a fun, easy-to-learn fitness class. Modifications are

continued on next page



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given for participants of various fitness and skill levels.

Tiffany Fite, the owner of Fite Fitness Consultants, is a fitness trainer, corrective exercise specialist, lifestyle coach, group fitness instructor, and wellness educator. She has over 30 years of experience in the fitness industry, a BS in Kinesiology, and is certified by NASM, AFAA, Zumba, and SilverSneakers in a broad range of fitness and wellness specialties. Tiffany's mission is to help individuals create habits that will improve physical and mental health, fitness, and functional capacity, ultimately increasing longevity and quality of life. Tiffany can be reached at fite.fitness@verizon.net or 215-715-0386 with any questions you may have.

Session 1: October 4 – November 8

Session 2: January 10, 2023 – February 14, 2023

Time: Wednesdays, 12PM – 1PM

Location: Tamanend Park Carriage House

Fee: \$72/6-week session

KNOW YOUR MEDICARE OPTIONS

During this free seminar you will learn: How Medicare works and what it covers. How Part "D" prescription cards work and how to pick the right one for you. The differences between Medicare supplements and Medicare Advantage plans. Have your questions answered so you can make the right choices when planning for Medicare or Medicare Advantage decisions. Presented by: Steve Perlman, DelVal Senior Advisors, Independent Medicare Planning.

If you are interested in attending this program you must register with the Parks & Recreation Dept. We do have limited seating for this program.

Ages: 55+

Date: Monday, September 19, 2022

Time: 6:30PM - 9PM

Location: Community Center

Fee: Free

***This seminar is free but please register on our website for attendance**

AARP SAFE DRIVER REFRESHER COURSE

Take the AARP Safe Driver™ Course and you could reduce your overall maintenance and car insurance costs! Refresh your driving skills and learn the new rules of the road. Learn research-based driving strategies to help you stay safe behind the wheel. After attending this, you can qualify for a multiyear discount on your auto insurance! (Consult your auto insurance agent for details). Space is limited, so register online now. The classroom course costs \$20 for AARP members and \$25 for non-members. This is the refresher course. It takes place during one four hour session. You need to be present for the entire four hours. You need to have previously completed the standard 8hr course to be eligible for the refresher course.

Ages: 55+

Date: Monday, October 17

Time: 9AM - 1PM

Fee: \$20 AARP Member & \$25 Non Members

PAYMENT FOR CLASS IS DUE DAY OF AND MUST BE IN THE FORM OF CASH OR CHECK MADE OUT TO AARP. MASKS WILL BE REQUIRED.

AARP SMART DRIVER COURSE

The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers aged 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned.

This 8 hour class is broken into two 4-hour sessions.

Ages: 55+

Date: Monday, November 14 & Monday, November 21

Time: 9AM - 1PM (Both Days)

Fee: \$20 AARP Member & \$25 Non Members

PAYMENT FOR CLASS IS DUE DAY OF AND MUST BE IN THE FORM OF CASH OR CHECK MADE OUT TO AARP. MASKS WILL BE REQUIRED.

TUESDAY ART GROUP

A time for artists to gather to paint, draw and be creative in a supportive, welcoming atmosphere.

Date: September 7 – December 15

Time: Thursdays, 1PM - 4PM

Location: Carriage House

Fee: \$50

THURSDAY AFTERNOON ART GROUP

Art studio for advanced students

Date: September 8 – December 15

Time: Thursdays, 1PM - 4PM

Location: Carriage House

Fee: \$50

REGISTER NOW

FOR PROGRAMS

Registration Forms

Registration forms can be found and completed online at our website ustwprec.com.

Online

www.ustwprec.com

Create a household account, then add members to register the whole family for different programs we have available. Online payments can be made through credit cards*

*Credit card information is not stored for further payments. We accept Visa, Mastercard, Discover & American Express.

In Person

Registration forms may also be printed and brought into the office to be processed. The forms and payments can be dropped off at the Parks and Recreation Department office, located at the Community Center, 913 Willow Street, Southampton, PA.

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SPORTS PROGRAMS

GIRL'S FASTPITCH SOFTBALL

President: Jeff Milano
SGCSoftball@hotmail.com

Ages: 6U (T-BALL) through 18U leagues.

Registration: January 1 to March 15

Website: www.southamptongirlsoftball.org

CENTENNIAL BASEBALL

President: Scott Torok
215-990-3014
ST10@comcast.net

Ages: 4-19

Registration: Opens 1/9/23

Website: www.Southamptonbaseball.com

Location: Community Center

CHEERLEADING

President: Laura Martin
southamptonknightscheerleading@aol.com

Ages: 3-14 Sideline & Competition Cheer

Registration: Email southamptonknightscheerleading@aol.com or check website

Website: www.southamptonknightscheerleading.com

FOOTBALL

Ages: 4 - 5 (Flag Football)
6 - 15 (Tackle Football)
5 - 15 (Spring Flag Football)

Registration: April - August
November - March (Spring Flag Football)

Website: www.southamptonknights.com

Social Media:

Facebook @SouthamptonKnightsFootball
Twitter @Sthmptnknights
Instagram @Southamptonknightsfootball

SOCCER

President: Mike Rich
southamptonsoccer@comcast.net
mikerichssa@gmail.com

Ages: 4 - 18 Boys & Girls

Spring Registration: February 1st – March 31st

Fall Registration: April 1st – August 15th

*Online Only- see website for details

Website: www.southamptonsoccer.org

BASKETBALL

President: Robert Lynch
Vice President: Krystal Hettler
southamptonbasketball@gmail.com

Ages: K - 8th Grade (Boys & Girls) /
9th - 12th Grade (Boys)

Registration: September/October for Winter
April/May for Summer

See website for more information

Website: www.uppersouthamptonbasketball.com

Location: Community Center



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 Email: info@usauthorities.org

How to Read Residential Water Meter

The top half on the face of the water meter is a solar panel. Use a powerful flashlight and shine straight down into the face of the meter.

The first set of numbers with a dash in the middle that appears is the serial number of the meter.

The second set of numbers consists of 9 digits with a decimal between the 7th and 8th number. This is your meter reading. If the last digit on the right is counting up there is water going through the meter.

The third set of numbers says "RATE" at the top of the window. If it also has ".0.00" that means no water is going through the meter at the time of reading.

THE BIGGEST CULPRIT OF HIGH USAGE IS YOUR TOILETS



A Message from the Upper Southampton Municipal Authority

Although not a common occurrence, having to deal with a sanitary sewer back-up can be a horrible experience. The most common causes of sewer backups range from improper disposal of FOG's (Fats, Oils & Grease) and paper products, tree roots, illegal connections such as sump pumps, floor drains and downspouts. Occasionally, the blockage occurs in the sanitary sewer main in the street from these conditions.

What you should know is that most homeowner and business insurance policies do not cover sewer back-ups unless specific coverage is added to the policy, according to the Insurance Information Institute. You should study your insurance policy to determine if you have that coverage.

As a general rule, the Upper Southampton Municipal Authority (USMA) is **not** liable for any costs for clean-up or repairs relating to sanitary sewer back-ups in your property under the laws of the Commonwealth of Pennsylvania. In the rare case that conditions meet the criteria required to be covered by the USMA, the property owner is only entitled to the actual cash value of the items damaged, **not** the replacement value.

The USMA strongly encourages property owners and renters to contact your insurance agent directly for additional information.

Visit us on the web at www.usauthorities.org

Go Paperless

The Upper Southampton Municipal Authority (USMA) encourages our customers to go paperless. By receiving your quarterly bill electronically, the following benefits are achieved:

- Quarterly email reminder.
- Easy and secure payments.
- Saves money.
- Saves space.
- Simplifies the transfer of information.
- Enhances account security.
- Promotes the environment.

At the USMA, we are always working to serve our customers better. Go paperless today! Contact the USMA at 215-364-1390 or at info@usauthorities.org.

Selling a Property in Upper Southampton Township

In an effort to reduce the amount of ground and surface water that enters the sanitary sewer the USMA Board adopted Resolution 2019-05 that established the Sewer Lateral Inspection Program that requires property owners to demonstrate that their sewer lateral is free from Inflow & Infiltration (I&I). This shall be conducted prior to the sale or resale of any property. Each private lateral serving the property shall be inspected in accordance with this Resolution by a Certified Contractor.

In addition, and as part of the inspection and certification process, the Certified Contractor shall confirm that:

- All clean-outs and vents are fitted with caps that are manufactured to fit the type and size pipe affixed to the lateral and will provide a tight seal against inflow of stormwater.
- All clean-outs and vents shall be a minimum of four(4) inches above grade, but not less than a height sufficient to preclude the flow of stormwater into the vent.
- All area drains, foundation drains, roof leaders, sump pumps or other direct connections to the sanitary system do not exist.

It is important to note that this inspection shall also confirm that the sewer lateral is free of any blockages, broken or missing pipe, sags, offset joints or any other defect that could allow I&I to enter the sanitary sewer system.

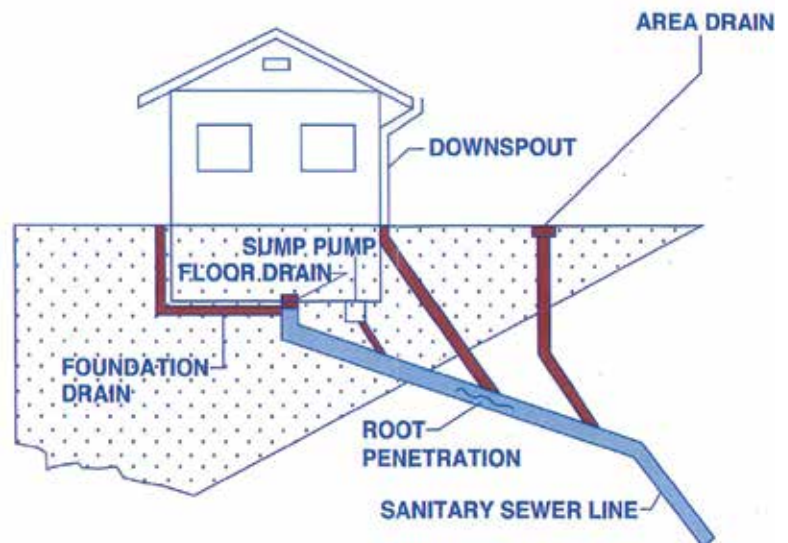
DID YOU KNOW THAT.....

- A single sump pump can discharge 30 gallons per minute or over 40,000 gallons per day?
- That 40,000 gallons per day of additional flow into the sanitary sewer system can cause capacity issues?
- Under these conditions, when several sump pumps are illegally connected to the sanitary sewer system, serious overflows can result at the mains and pumping stations?

BUT MORE IMPORTANTLY...

- Illegal connected sump pumps place a tremendous strain on our sanitary sewer system and result in increased costs. When this happens, YOUR rates must be increased.

REMEMBER—EVERY SUMP PUMP COUNTS!!



Sump Pumps, Foundation, Floor and Area Drains, and Downspout Connections to the Sanitary Sewer Line are Illegal and Result in Increased Costs.

REMEMBER...

Should an illegal connection be found, a penalty will be assessed if, after proper notification, the connection is not promptly removed.

Illegal drainage connections cost everyone money

Lightning Safety

Thunder and lightning storms happen all the time. Know what to do to keep you and your family safe when storms strike!

Safety Tips

Outdoor Safety

- » If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away.
- » Do not go under trees for shelter. There is no place outside that is safe during a thunderstorm.
- » Wait at least 30 minutes after hearing the last clap of thunder before leaving your shelter.
- » Stay away from windows and doors. Stay off porches.
- » There is no safe place outside. Places with only a roof on sports fields, golf courses, and picnic areas are not safe during a lightning storm. Small sheds should not be used.
- » If a person is struck by lightning, call 9-1-1. Get medical help right away.

Indoor Safety

Turn off computers. Stay off corded phones, computers, and other things that put you in direct contact with electricity or plumbing. You can use a cell or cordless phone.

Do not wash your hands, bathe, shower, do laundry, or wash dishes.



FAST FACTS

Lightning may strike as far as 10 miles from any rain.



Your Source for SAFETY Information
NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

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Membership is open to any owner, part-owner, member or employee of a business located within Upper Southampton Township and adjacent communities, or a resident of Upper Southampton Township involved in a business.

PREPARE YOUR HOME FOR WINTER

As winter approaches, our thoughts turn to other activities as we plan for the annual hibernation to the indoors. This is also a good time to plan a safe hibernation for your house as well. The constant change in the weather can have a significant effect on your house that, if left unchecked, may result in major repairs in the future.

Now is the time to inspect your house for anything that does not appear to be normal. Things to look for include loose siding, missing or torn shingles, broken or sticking doors, missing caulking around windows or any other item that will leave your home exposed to the elements. Now is the time to start addressing these items before the cold weather sets in and these items are forgotten.

You may also want to take a look at other items that are often overlooked until it is too late. One important item is your home heating system. Most people who are not on a maintenance program forget to have service performed until well into the heating season when the furnace decides to stop working. Unfortunately, this is the time that most heating contractors are busiest and you may have to wait for service. Avoid the headache and plan ahead.

Items such as your water heater may need your attention as well as other home appliances. Remember to check and make sure water pipes are properly insulated and not exposed to freezing temperatures. Be sure that leaves and debris do not obstruct water flow from gutters and downspouts. Water that freezes and is allowed to back up rooftops often provides you with unwelcome leaks. The lists are endless, but remember your home is a major investment - take good care of it.





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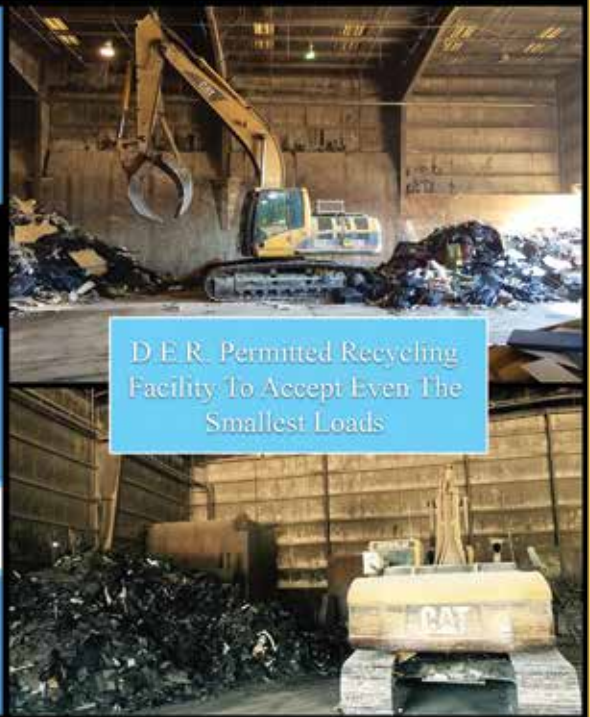
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